

Contact Us:

Pilton Youth and Children's
Project
33 West Pilton Brae
Edinburgh
EH44BH
T: 01313329815
E: info@pycp.co.uk
W: info@pycp.co.uk



PYCP97



@piltonyouthchildren



**PILTON YOUTH &
CHILDREN'S PROJECT**

*1:1
Support*

**FOR YOUNG PEOPLE
AGED 5 TO 18**

About Us:

PYCP has been at the heart of the local community since 1997, providing fun activities and support for young people aged 5 to 18. We offer youth clubs, 1:1 and group support and skill-building opportunities. We have a range of facilities including an art room, sports hall, soft play, dance studio, and kitchen.

Who Is the Support for?

Our 1:1 Support Service is for young people who live and attend school in Muirhouse, Drylaw, West Pilton, Granton, Royston, and Wardieburn. We can help with:

- Friendships & social skills
- Confidence & self-esteem
- Mental health & wellbeing
- Family relationships
- School related issues

How Support Works:

A PYCP Support Worker will create a personalised plan with each young person. Support is confidential, taking place weekly at school or at PYCP, using creative, flexible approaches to suit needs and interests. For example games, art activities or getting outdoors.

Our Approach:

We treat all young people with respect, kindness, and empathy, tailoring support to their individual needs. We also encourage involvement in PYCP's wider activities to build skills and confidence.

We review progress regularly and welcome feedback, making sure young people feel heard. While support is confidential, sometimes we may need to share information with professionals to keep young people safe.

How to Make a Referral:

Referrals can be made by young people, parents, schools, and other agencies. Young people will always have a say in the support they receive. If there's a waiting list, we'll keep referrers updated and recommend other services if needed.

Contact:

laura@pycp for more information or to request a referral form.

You can also download this leaflet at:
www.pycp.co.uk