

Contact Us:

Pilton Youth and Children's
Project
33 West Pilton Brae
Edinburgh
EH44BH
T: 01313329815
E: info@pycp.co.uk
W: info@pycp.co.uk



PYCP97



@piltonyouthchildren



**PILTON YOUTH &
CHILDREN'S PROJECT**

Family Support

**FOR YOUNG PEOPLE AGED
5 TO 9 AND THEIR
PARENTS**

About Us:

Since 1997, PYCP has been at the heart of the local community, providing fun activities and support for young people aged 5 to 18. We offer youth clubs, 1:1 support and skill-building opportunities, with great facilities like an art room, sports hall, soft play, dance studio, and kitchen. We also support parents and families, working together so that they can thrive.

The service is for young people aged 5 to 9 and their families who live and attend school in the areas of Muirhouse, Drylaw, West Pilton, Granton, Royston and Wardieburn in North West Edinburgh.

How We Can Help:

We listen to young people and families to understand what they need. Together, we make a plan to support wellbeing and personal growth. This includes:

- Emotional support – A safe space to talk about feelings and worries.
- Practical tips – Advice on things like healthy eating, positive habits, and managing money.
- Mental health guidance – Connecting families to helpful resources.
- Support to access other services that can help with things like housing
- Quality time for families – Fun activities to bring families closer together.

Our Approach:

We treat every young person and family with respect, kindness, and empathy, tailoring support to their individual needs. We also encourage involvement in PYCP's wider activities to build skills and confidence. We review progress regularly and welcome feedback, making sure young people and their families feel heard. While support is confidential, sometimes we may need to share information with professionals to keep young people safe.

How to Make a Referral:

Parents, schools, and other agencies can make a referral to PYCP. Families always have a say in their support. If you're unsure, we're happy to chat first! Sometimes there's a waiting list, or we might suggest another service that better fits your needs.

Contact:

laura@pycp for more information or to request a referral form.

You can also download this leaflet at:
www.pycp.co.uk