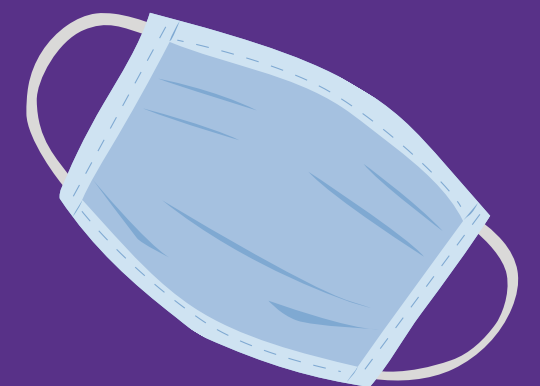


COVID-19 Safety Information - Please Read

Although things have changed a lot with Covid-19, with widespread testing and contact tracing no longer available, it's still really important that we do what we can to keep each other safe. We are now asking that you **DO NOT ATTEND PYCP** if you feel unwell with any of the following symptoms or feel unwell in any other way:

- a high temperature or shivering (chills)
- a new, continuous cough
- a loss or change to your sense of smell or taste
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick



Please only return to PYCP when you feel completely better and no longer have a temperature if you had one.

Although it is no longer the law in Scotland to wear a face covering indoors, this is still an effective way of protecting you and others from the virus so we still encourage you to wear them, especially in busy groups. It is also important that any young people who are clinically vulnerable are aware of the risks and please discuss any issues and concerns with us by contacting: info@pycp.co.uk

Other measures we are taking to increase safety:

- **Asking staff to stay at home if they are unwell.**
- **Giving groups plenty of space when in the building.**
- **Ensuring good ventilation throughout the building**
- **Encouraging regular hand washing and hand sanitising.**
- **Regular cleaning of our building and equipment throughout the day.**

