

## Who Can Make a Referral?

Referrals to the service can be made by parents, schools and other local agencies. We ask that young people are fully consulted before making a referral. We also make sure that the young person has lots of say in what we work on.

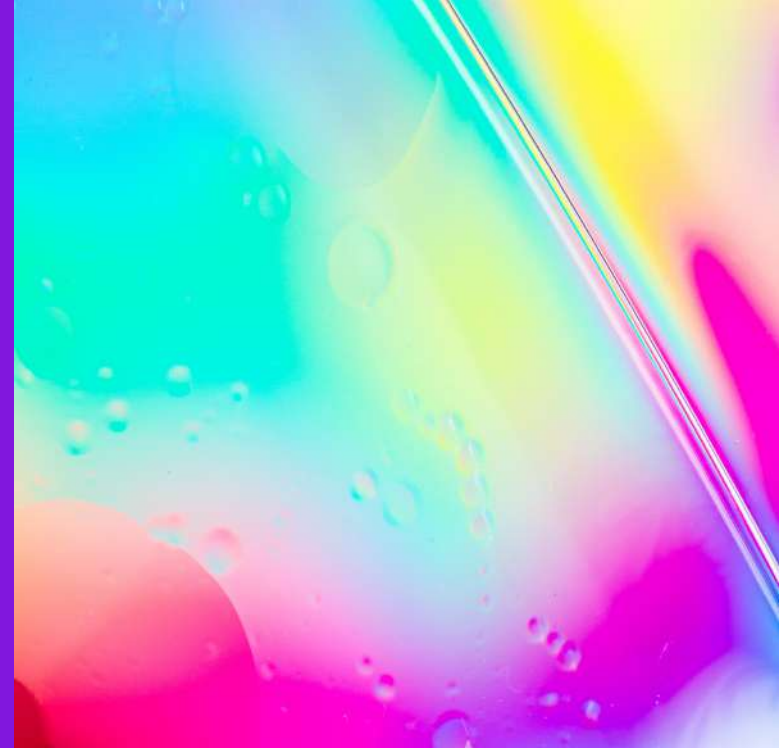
We sometimes have to put referrals on a waiting list until we can allocate a worker, but we will stay in touch with the referrer to keep them updated. Occasionally we might recommend another service that we think could be better suited to the young person's needs.

## Contact Us

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Children's Project  
33 West Pilton Brae  
Edinburgh  
EH44BH

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[piltonyouthproj](#)



[PYCP97/](#)



Pilton Youth  
and Children's  
Project 1:1  
Support  
Service

**For young people  
aged 5 to 18**

## About Us:

Pilton Youth and Children's Project was formed in 1997 and is at the heart of the local community. We provide a range of open access activities for young people aged 5 to 18, alongside targeted support.

We have a range of facilities in our centre, including an art room, sports hall, soft play room, drama/ dance studio and kitchen. This enables us to provide a range of activities, building relationships and giving young people and families opportunities to build new skills, confidence and resilience.

Our team have many year's experience of working with young people and families and we also provide volunteering and work opportunities for local people.



## How We Can Help:

### **Who is the 1:1 Support Service for?**

This service is for children and young people (aged 5 - 18 years) who live or go to primary or high school in Forth Ward.

### **What sort of issues can the 1:1 work help with?**

- Family difficulties
- Feeling confident
- Mental health and wellbeing
- Communication skills
- Making friends
- Getting on at school

**It all depends of the young person's needs.**

## What Does the Support Involve?

The support will be offered by a PYCP 1:1 Support Worker . A plan will be agreed between the young person and their worker. The young person will then be offered a regular, confidential space to discuss anything that is important to them and explore solutions to any problems. This will take place each week, in school or at PYCP. A range of methods will be offered to help engage the young person, including going for walks, using specially designed games, discussion cards or arts and crafts activities.



## Our Approach:

As with all of our work at PYCP, we will engage with young people with respect and empathy. We understand that everyone is different and we will tailor our approach to each individual. We will also support young people to participate in our wider programme at PYCP.

We will review the support regularly, seeing what progress has been made but also offer opportunities for young people to give us feedback.

PYCP has a Confidentiality Policy that is explained at the first session. It is important that young people feel in control of what they share but there are times when we may have to pass on information to other professionals to keep them or others safe.

