



# pycp & children's project News

## Virtual Summer Programme Roundup and Hello Autumn Edition



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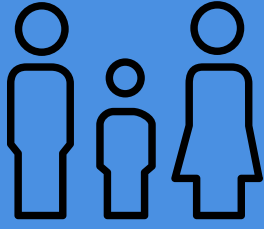
PYCP/97



@PiltonYouthProj

For the first time ever we ran 6 weeks of virtual activities – we all managed to have some fun!!

60 +



Families joined in our Summer Programme



Arts and crafts

18



Different cooking and baking activities delivered to families

24



Different arts and crafts activities delivered to families



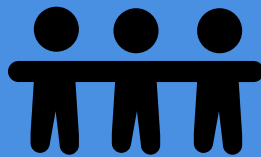
Baking & Decorating Biscuits

32



Different online activities for children and young people to join in

over 120



Different children and young people took part in our summer programme

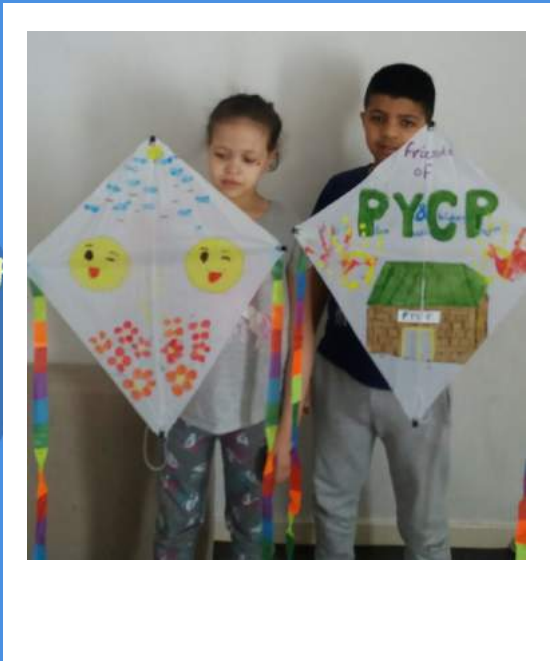


Kite making

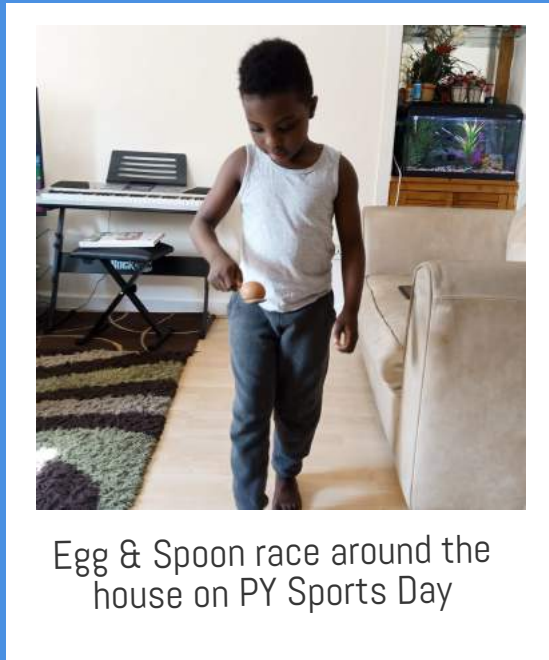


A team of our youth workers and volunteers parcelled up and hand delivered packages every week to families.

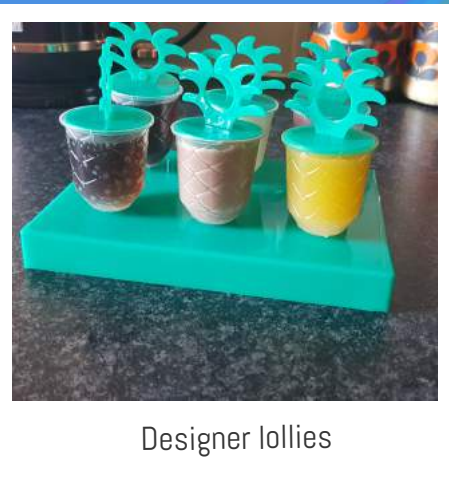
Staff became more in tune with getting the packages out speedily on a Monday and Tuesday so that children and young people had time to do all the activities at their leisure before the next week of goodies arrived.



Zoom classes with Tricky Ricky on balloon modelling.



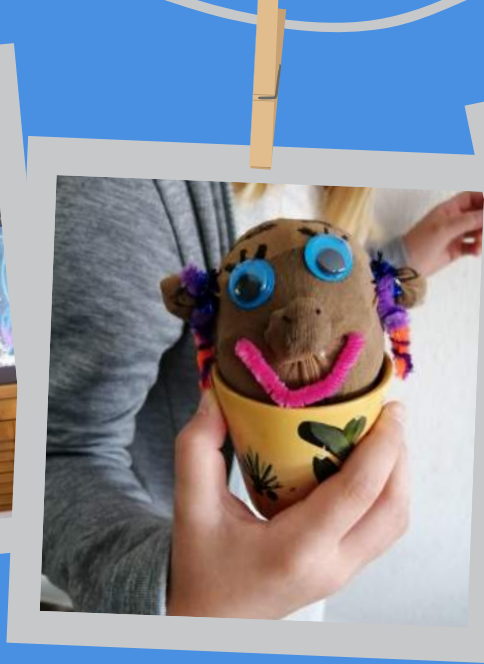
Egg & Spoon race around the house on PY Sports Day



Designer lollies



# Here are some of the arts and crafts that children did over the holidays



Decorating and painting pots, planting seeds and watching them grow

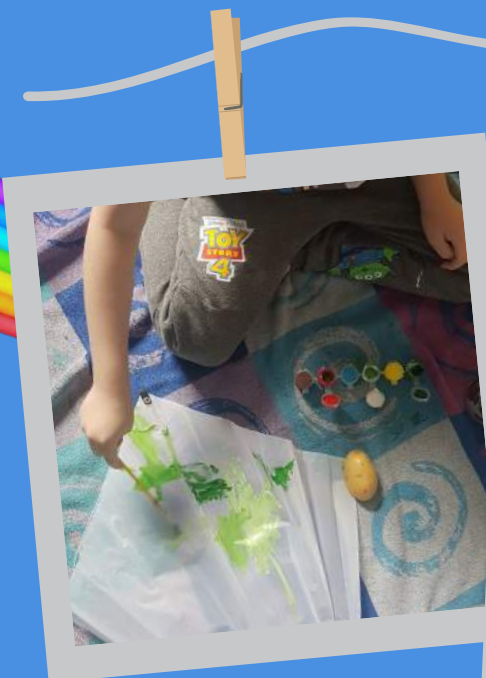
Making and designing your own kite

Decorating pebbles and stones

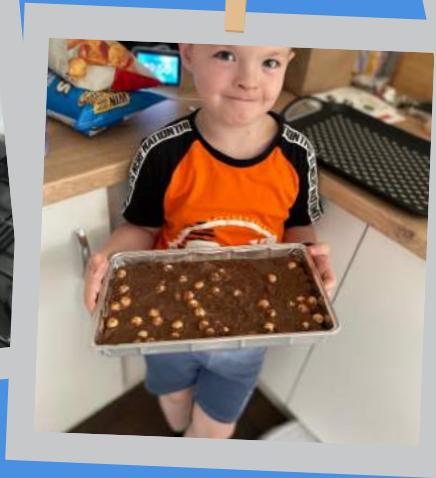
Making designer key rings

Scratch art

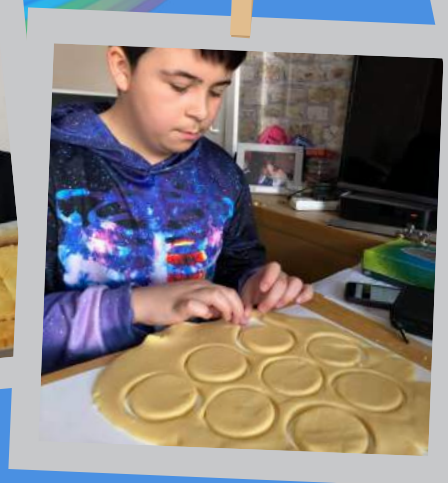
Collages



Baking and cooking was great fun for children and parents. Everyone was able to get to try them at the end. Yummy!



Making Cheese Straws, Malteser tray bakes, Pitta Pizzas, Cookie Monsters, Truffles and designing your own ice lolly!



Lots of different Zoom activities for children to do. Parents and siblings were also encouraged to join in.



Tricky Ricky provided lots of entertainment with his Magic Sessions. Children were able to keep the recording over the holidays to re-watch in their own time.

Tricky also did a magic workshop where children could join in and learn magic tricks. Everyone had a magic wand delivered ahead of the event and learned some cool tricks to surprise their family and friends with.

Balloon Modelling was a great session. In the delivery bag for that week every child received balloons and a pump so that they could be ready to do the activity with Tricky.



Also on Zoom we had weekly yoga sessions to give children the chance to do some fun yoga activities and some stretches and other exercises.

We had "Story Time" on Zoom every Thursday with fun children's stories read by staff. We also had one special reading of "We're going on a Bear Hunt" by Arlene Stuart from Forth One. Aga our Adventure Play worker also read the same story each day in Polish.



Arlene Stuart Forth One reading "Going on a Bear Hunt"

# We had plenty of activities for Over 12s to join in

The Girl's Group had 6 weeks of Keep Fit with Danielle LIVE on Zoom on Tuesdays.

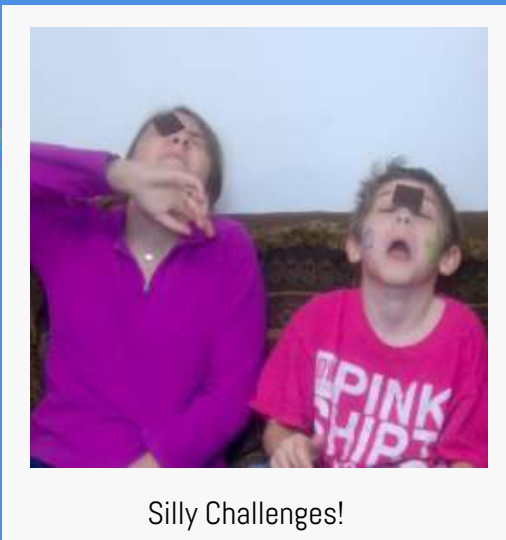
There were weekly arts and crafts activities sent home.

Every week we had "Wednesday Drop Ins" on Zooms with Silly Challenges (like how to get an After Eight chocolate from your forehead to your mouth with it falling off)!!

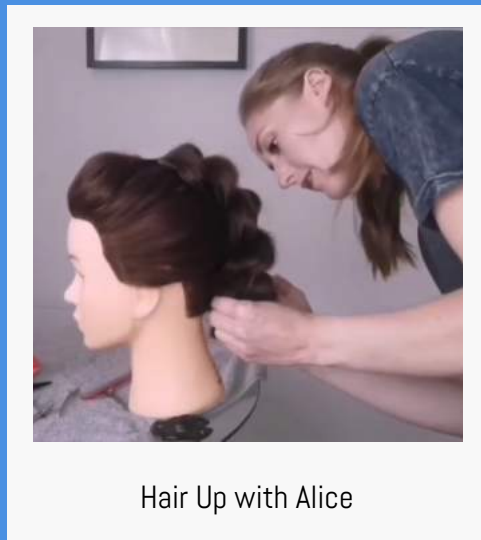
We had 2 bingo nights and a quiz night... and a "Pilton's Got Talent" competition which was a chance for staff and young people to show their hidden talents!!

Alice Maria Jones a professional make up artist from London recorded 2 zoom sessions for the Girl's Group on Hair Up and Make Up techniques.

We also offered a 6 week transition support programme for young people in primary 7 who were moving to high school. This helped them explore worries and feel more confident about this huge change.



Silly Challenges!

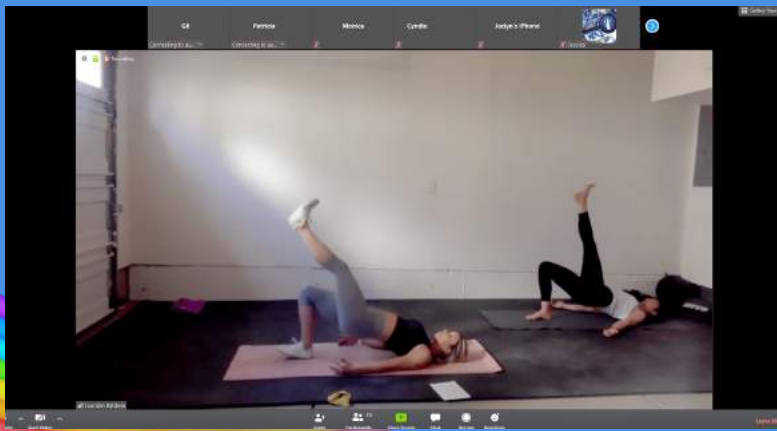


Hair Up with Alice

*"We had such a laugh with the Talent Show"*



*"I really enjoyed painting the canvasses"*



Keep Fit with Danielle weekly Zoom sessions for Girl's Group

*"Keep Fit and Hair up were really useful. I learned loads"*

Thanks to kind donations and support from our Funders we have been able to help over 200 families. This wouldn't have been possible without the donations from these companies and organisations:

**THANK YOU!**



## Intensive Support Service Update

Throughout lockdown and over summer we continued to support children and young people aged 5 to 18 (1:1 and group support). This was through phone and video calls; we even helped read bedtime stories to some younger children! We also offered emotional support to parents in this challenging time and helped with practical things like changes in family income and delivered food and activity parcels.

Our Roots and Branches peer support group have continued to stay in touch through a group chat on WhatsApp and through some interactive Zoom sessions, supported by their workers.

We are now slowly getting back to offering face to face sessions and making sure we do this as safely as possible.

We are also about to launch our new support service for children aged 5 to 8 and their parents, through new funding from The RS Macdonald Charitable Trust. Jill from our Intensive Support team is moving into this role and Brian will focus on our Roots and Branches work. We are also recruiting for two new Intensive Support workers - update to follow soon!



## FACENorth Project: Focussing on Alternatives to Crime Update



The work that we do on our FACENorth Programme contributes towards:

- Reduction in youth crime and Anti-social behaviour
- Increased attendance/ engagement in school
- Engagement in pre-employment training
- Sustainable, positive destinations.

Some of the support we have continued to give to families over the last few months:

- Food vouchers for local shops
- Helped apply for universal credit, crisis loans and given budgeting advances.
- Kept in touch and given emotional support via text messages, videos and phone calls with young people
- We helped make sure no young person or family has been without WIFI
- We purchased tablets and gave out refurbished PCs to help with homework and applying for jobs.

As we enter Autumn, we will continue to help wherever we can. Weather will play a big issue in how we meet young people, but we are working on it and are positive that we can create a "new normal" for FACENorth and all our clubs and groups.



# New Programme: Coming Soon – November 2020



## MONDAY

**12 - 4 pm**  
**Employability Support**  
**Appointments**

Closed group for young people as part of our FACENorth Project

## TUESDAY

**11 - 4 pm**  
**Scheme of work**

Closed group for young people as part of our FACENorth Project

**3.30 - 5.00 PM**  
**PY**

**Adventurer's**  
Closed groups to start with and mainly outside (meet at back of PY). Staff will contact families.

**6.30 - 8.00 PM**  
**GIRLS GROUP**

S1+ Girls meet up space (inside PY) Closed Group - staff will contact families.

## WEDNESDAY

**12 - 4 pm**  
**Alternative School Programme**

Closed group for young people as part of our FACENorth Project

**4.00 - 5.30 pm**  
**Roots & Branches**

Closed group for S1+

**6.30 - 8.30 PM**  
**Wednesday Streetwork in Pilton S1+**

Adele and Harry will be out and about in Pilton. C:Card will be available

## THURSDAY

**3.30 - 6.00 PM**  
**PY Adventurer's Group**  
Closed Group  
P5 - P7

Mainly outdoor trips. Staff will contact families about spaces.

**12 - 5 pm**  
**Family Support/1:1 support**

Closed group for young people and their families as part of our FACENorth Project

## FRIDAY

**1.30 - 2.30 PM**  
**PY Explorer's Group**

Closed Group - P1 - P2  
Mainly outdoor activities. Staff will contact families about spaces.

**3.00 - 4.00 PM**  
**PY Explorer's Group**

Closed Group - P3-P4  
Mainly outdoor activities. Staff will contact families about spaces.

**5.30 - 7.30 pm**  
**PY Streetwork**

Youth workers out and around Pilton meeting young people S1+.

**12 - 5 pm**  
**Family Support/1:1 Support**

Closed group for young people and their families as part of our FACENorth Project

 Our 1:1 Intensive Support service will be running throughout the week during the day time.

# To all Young People, Parents and Carers – COVID-19 Safety

Dear young people, parents and carers,

First of all, we would like to thank you for your patience and support in this difficult time. Although we have stayed in touch through online activities, we have really missed seeing you in person.

After finishing our virtual summer programme, we have been working hard behind the scenes looking at ways we can start some of our services and make them as safe as possible. We are also closely following the Scottish Government's guidelines. Specific guidelines for indoor and outdoor youth work have now been released advising smaller groups and being outdoors as much as possible, or still doing some online activities.

With the above in mind we have planned an initial programme. Not all activities will start at once but this gives us time to get used to our new way of working. This also means that for a lot of our groups we will be inviting small numbers of young people to take part at a time - we won't be able to have young people just turn up for youth clubs like they used to.

## Other ways we are making our services as safe as possible:

- Asking all staff to take part in daily temperature checks
- Asking young people to take part in temperature checks if they would like to participate
- Making staff and young people aware of COVID-19 symptoms and asking that they do not attend if they, anyone in their household, or anyone they have been in close contact with has symptoms:

### A new/continuous cough which is where you:

- have a new cough that's lasted for an hour or more
- have had 3 or more episodes of coughing in 24 hours
- or are coughing more than usual

**A temperature of 37.8 C or higher**  
**A loss or change in taste or smell**



- Having regular cleaning of our building and equipment throughout the day.
- Changing our building layout so that we can ensure 2 metres social distancing with adults and young people over 12 social distancing at all times.
- Encouraging regular hand washing and hand sanitising.
- Having additional safety and hygiene measures when providing food.
- We ask that young people over 12 wear a mask if possible within our centre; children are also welcome to do so but we appreciate that this can be more challenging for younger children. PYCOP are happy to supply young people with masks if this is an issue. Our staff team may be wearing masks within the building.
- Agree that we can pass your name/ contact details for the purposes of Test and Protect, the Government's contact tracing system should a positive COVID-19 case/ cases arise from activities. We have updated our privacy policy to include us sharing data with Scottish Government's Test and Protect for this purpose.

We have to make it clear that we cannot prevent all possible risks of COVID-19 and we ask you to consider this when making a decision about whether you/ your child would like to participate in face to face activities. It is also important that we know about any additional risks for children and young people due to other medical conditions, or if they have family members who are vulnerable. We ask that you contact us to discuss these circumstances in more detail before participating.

# Important information about clubs and groups returning.

We trust that you understand that we are putting these measures in place to ensure the safety of all and that you fully support any decision to refuse a young person from attending our services if they won't follow our guidelines.

Please also let us know if we can help with any outdoor clothing such as coats, hats and gloves for young people as we will be aiming to do as much outdoor activity as possible.

Thank you for your ongoing support and please let us know if you have any concerns or questions.

*PYCP Management Team*

**KEEP SAFE**

**WASH YOUR HANDS REGULARLY**

**CORONAVIRUS PREVENTION**

WASH HANDS USE SOAP AVOID CROWDS WEAR MASK AVOID HANDSHAKE DESINFECTION

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**Coronavirus**  
**Help stop the Spread**

**Protect yourself and others around you by following these simple steps:**

WASH YOUR HANDS REGULARLY OR IF YOU CAN'T USE ANTIBACTERIAL HAND GEL

COVER YOUR MOUTH WITH A TISSUE TO COUGH OR SNEEZE KEEP A SAFE DISTANCES APART FROM ANYONE OUTSIDE OF YOUR HOUSEHOLD

IF YOU FEEL UNWELL WITH CORONA VIRUS SYMPTOMS STAY AT HOME AND PHONE YOUR GP FOR ADVICE DO NOT TOUCH YOUR FACE IF YOUR HANDS AREN'T CLEAN

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