



Summer Programme 2020



Magical and completely virtual 6 weeks of fun in the summer

Our first ever completely virtual (not in the project at all) programme.

While we are in the midst of the COVID-19 pandemic lockdown we are bringing our Summer of activities to your home, garden and outside spaces.

Most of our online classes will be using Zoom. If you haven't used this before don't worry, it is easy to set up on a phone, tablet, laptop or PC. Just get in touch with us and we can help you set it up. We will also provide some Zoom Tutorials online. Times for these will be published on our Facebook PYCP 97 before the summer holidays start.

Remember to complete the sign up form online to take part in our Summer Programme.

You must **live locally** to Pilton and Muirhouse area for us to deliver activity packages to your children.

Children's ages are determined by the current school year they are in unless they have just turned 5 and not started school.
They will be P1.

For every primary child that is signed up for our Summer Programme they will receive a **fun in the sun kit**. We hope to get these delivered to you in the first week of the holidays and they will include various fun summer items like:

~Water soaker ~ Frisbee ~ Hula hoop ~ Water balloons ~ Chunky chalks ~ Bubble set ~ Outdoor Games

Each week there will be 3 different activity types delivered (in 1 batch)

-PI- P7 Cooking/baking - PI- P7 Arts and crafts - Different age groups Zoom / online activity - there will be instructions given out each week for these

There will be a storytime for P1-P4's every Thursday but any age can join in.

These stories will be read by staff in **English** and then re-read in **Polish**.

There will also be 1 competition with 1 prize for each age ranges:

~P1-P2 ~ P3 - P4 ~ P5 - P7 ~

There will be different activities and prizes for S1+ as well. They will need to sign up too and Adele and Harry will be in touch with them.

If we are oversubscribed we will offer places to children and young people who were attending PYCP regularly before lockdown.

We hope to give all the children a Summer to remember and hope parents and guardians can join in with some of the activities too.

We are new to classes online so please bear with us if there are any gliches.

info@pycp.co.uk or TEXT/WhatsApp or phone us on 07544 525047































Week 1: commencing 29th June

Arts & Crafts: P1 - P7

2 activities including: Let's get Potty! Decorate a pot



Paints, pot and plant delivered to your home

IMPORTANT POINT!

All your arts and craft activities will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the activities



Staff will be in touch with young people to see if they are interested in joining.

Video and art materials delivered to your home

3 ANIMAL POTTERY KITS Prize for for ages P1-P2 P3-P4 P5-P7

You must send your photo or video via WhatsApp 07544 525047 to PYCP by Monday 6th July. Prizes will be posted out.

Bake Off : P1 - P7

Make Cheese Straws!

All ingredients supplied, tutorial link video delivered to your home

IMPORTANT POINT!

All your baking and recipe items will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the activities



LIVE

Fill up your Positivity with Tara Yoga for Children and Parents P1 - P7 Wednesday 1st July 12.30 - 1pm

This workshop will let children and their parents learn the mindful activity called Positive Affirmations where we will look at how we feel and learn fun ways to create our own positive thoughts. We will also make cards to use in the workshop and practice meditation to fill up our positivity so we feel AMAZING!!! Zoom link provided in the week

Online Fun: P1 - P7 Tricky Ricky Magic Sessions!!!!

30 minutes of magical fun with Ricky.

Tuesday 30th June 2pm & repeated Thursday 2nd July 2 pm

IMPORTANT POINT!

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in



Girl's Group Keep Fit LIVE with Danielle S1+

Tuesday 30th June: 6 pm - 7 pm

40 minutes Zoom fun work out with Personal Trainer Danielle all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to you to join



Zoom Story time for P1 - P4 3.30 - 4.00 pm Thursday 2nd July

Listen to a favourite story read to you by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Silly Zoom Challenge Night! S1+ Wednesday 1st July 6 pm - 7.30 pm

Can you get an After Eight chocolate from your forehead to your mouth without it falling off and other daft challenges



IMPORTANT POINT!

Sign up important or you wont get the link sent to you or the delivery of goodies to do the challenges





Week 2: commencing 6th July

Arts & Crafts: P1 - P7

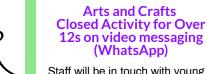
2 activities including: Let's Go Fly a Kite and 1 other craft activity



Instructions, video, Kite, Paints, pot and plant delivered to your home

IMPORTANT POINT!

All your arts and craft
activities will be
delivered to your home
on Mondays and
Tuesdays!
You then have the rest of
the week to do the
activities



Staff will be in touch with young people to see if they are interested in joining.

Video and art materials delivered to your home

3 Beach kites Prize for for ages P1-P2 P3-P4 P5-P7

You must send your photo or video via WhatsApp 07544 525047 to PYCP by Monday 6th July. Prizes will be posted out.

Bake Off : P1 - P7

Malteser Tray Bake.

All your baking and recipe items will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the

IMPORTANT POINT!

All ingredients supplied, tutorial link video delivered to your home

MAGIC FAIRY DUST AND STORIES with Tara Yoga for Children and Parents P1 - P7 Wednesday 8th July 12.30 - 1pm

During this workshop we learn fun ways to meditate together to feel amazing and calm. We relax, unwind and take deep breath and enjoy different ways to breathe and relax with a guided story.

Zoom link provided in the week

LIVE

Online Fun: P1 - P7 Balloon Modelling Thursday 9th July 2pm

30 minutes of balloon modelling. Pump and Guardians are balloons will be delivered to your home encouraged to join in

IMPORTANT POINT!

activities

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in



Zoom Story time for P1 - P4 3.30 - 4.00 pm Thursday 9th July

Listen to a favourite story read to you by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Girl's Group Keep Fit LIVE with Danielle S1+

Tuesday 7th July: 6 pm - 7 pm

40 minutes Zoom fun work out with Personal Trainer Danielle all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to

tant or you link sent to you to join

Bingo Night! S1+ Wednesday 8th July 6 pm - 7.30 pm

Prize bingo. Bingo cards will be delivered to your door. Prizes will be delivered to you the following week!

IMPORTANT POINT!

Sign up important or you wont get the link sent to you or the delivery of goodies to do the challenges





Week 3: Week commencing 13th July

Arts & Crafts: P1 - P7

Decorate a pebble/stone with acrylic paints plus 1 more activity

Instructions, video, Paints and other crafts provided to your home. You find the pebble!



IMPORTANT POINT!

All your arts and craft activities will be delivered to your home on Mondays and Tuesdays!

You then have the rest of the week to do the activities



Arts and Crafts Closed Activity for Over 12s on video messaging (WhatsApp)

Staff will be in touch with young people to see if they are interested in joining.

Video and art materials delivered to your home

3 Glow in the Dark Rock Painting Kits Prize for for ages P1-P2 P3-P4 P5-P7

You must send your photo or video via WhatsApp 07544 525047 to PYCP by Monday 20th July. Prizes will be posted out.

Bake Off : P1 - P7

Pitta Pizzas

All ingredients supplied, tutorial link video delivered to your home

IMPORTANT POINT!

All your baking and recipe items will be delivered to your home on Mondays and Tuesdays!
You then have the rest of the week to do the activities



YOGA JACKS LIVE CHALLENGE with Tara ga for Children and Parents P1 - P

oga for Children and Parents P1 - P7 Wednesday 15th July 12.30 - 1pm

This is a very practical session full of energy and chance for kids to rest in between poses. There is 3 stages to the Yoga challenge.

First we will learn together each different yoga poses and take rest in between. Then we take part in the Yoga Jacks challenge where kids will carry out different yoga poses as fast as they can and challenge is to see how many they remember.

Tara will then inspire you with a creative yoga flow session where you can copy and follow the flow of poses we learnt together and enjoy some quiet time at end to relax and breathe.

There be chance at end of session to catch up with everyone.

Online Fun: P1 - P7 Tricky Ricky Magic Sessions!!!!

30 minutes of magical fun with Ricky.

Tuesday 14th July 2pm & repeated Thursday 16th July 2pm

IMPORTANT POINT!

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in too!



Zoom Story time for P1 - P4 3.30 - 4.00 pm Thursday 16th July

Listen to a favourite story read to you by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Girl's Group Keep Fit LIVE with Danielle S1+ Tuesday 14th July: 6 pm - 7 pm

40 minutes Zoom fun work out with

40 minutes Zoom fun work out with Personal Trainer Danielle all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to you to join



LIVE

Zoom Prize Quiz Night! S1+

Wednesday 15th July 6 pm - 7.30 pm

Prizes will be delivered to you the following week!

IMPORTANT POINT!

Sign up important or you wont get the link sent to you or the delivery of goodies to do the challenges







Arts & Crafts: P1 - P7

Get Arty with scratch cards, paints and crafts.

Bling up your keyring.

Paints, Canvas, scratch card and key ring provided



IMPORTANT POINT!

All your arts and craft activities will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the activities

LIVE



Arts and Crafts Closed Activity for Over 12s on video messaging (WhatsApp)

Staff will be in touch with young people to see if they are interested in joining.

Video and art materials delivered to your home

3 ARtwork 70 piece art sets Prize for for ages P1-P2 P5-P7 P3-P4

You must send your photo or video via WhatsApp 07544 525047 to PYCP by Monday 6th July. Prizes will be posted out.

Bake Off: P1-P7

Cookie Monsters with decorations

All ingredients supplied, tutorial You then have the rest of link video delivered to your home

IMPORTANT POINT!

All your baking and recipe items will be delivered to your home on Mondays and the week to do the activities



GUESS THE POSE LIVE CHALLENGE

Yoga for Children and Parents P1 - P7 Wednesday 22nd July 12.30 - 1pm

Guess the Yoga Pose is a very practical session full of energy and chance for kids to rest and learn about the alphabet.

During the workshop kids will learn different yoga poses and guess 5 different yoga poses based on me demonstrating poses and giving visual letter clues.

Once we have guessed all the 5 poses will end the session with kids showing me their favourite yoga pose and quiet time at end to relax

There will be a chance at the end of the session to catch up with

Online Fun: P1 - P7 Tricky Ricky Magic Sessions!!!!

30 minutes of magical fun with Ricky.

Tuesday 21st July 2pm & repeated Thursday 23rd July 2pm

IMPORTANT POINT!

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in too!





Zoom Story time for P1 - P4 3.30 - 4.00 pm Thursday 23rd July

Listen to a favourite story read to you by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Girl's Group Keep Fit LIVE with Danielle S1+

Tuesday 21st July: 6 pm - 7 pm

40 minutes Zoom fun work out with Personal Trainer Danielle all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to you to join





PIlton's Got Talent! S1+

Wednesday 22nd July 6 pm - 7.30 pm

Have you got a hidden talent, join this LIVE talent show and show us what you can do! Can you recite a sentence backwards? Can you sing a song? Have you got an usual talent? Staff can take part too! Prizes will be delivered to you the following week!

IMPORTANT POINT!

Sign up important or you wont get the link sent to you or the delivery of goodies to do the challenges





Week 5: Week commencing 27th July

Arts & Crafts: P1 - P7

Make a collage using different textures plus 1 more activity

Arts and Crafts provided.

IMPORTANT POINT!

All your arts and craft activities will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the

activities



Arts and Crafts Closed Activity for Over 12s on video messaging (WhatsApp)

Staff will be in touch with young people to see if they are interested in joining.

Video and art materials delivered to your home

Make and Design your own ice Iollies: P1 - P7

delivered to your home



recipe items will be delivered to your home on Mondays and Lolly moulds and £5 voucher to Tuesdays! spend at Morrisons supplied You then have the rest of the week to do the activities



LIVE YOGA POSES AND GAMES with Tara Yoga for Children and Parents P1 - P7 Wednesday 29th July 12.30 - 1pm

This is a very practical course where we move together and learn simple activities to help you feel energised and calm. This is a great tool kit to practice your favourite yoga poses, yoga game and movement to wake up the body and explore our emotions and feeling using calm movements to feel at peace.

Zoom link provided during the week.

You must send your photo or video with a recipe

3 Slush Puppy Machines Prize for for ages PI-P2 P3-P4 P5-P7

for your lolly flavour via WhatsApp 07544 525047 to PYCP by Monday 3rd august. Prizes will be posted out. Online Fun: P1 - P7

Tricky Ricky Magic Workshop session! Make your own magic

Ricky will show you how to perform your own magic using things in your home!

Tuesday 28th July & Thursday 30th July 2 pm (and repeated on Thursday 2 pm)

IMPORTANT POINT!

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in





Zoom Story time for P1 - P4 3.30 - 4.00 pm Thursday 30 July

Listen to a favourite story read to you by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Girl's Group Hair up with Alice Tuesday 28th July 6 pm - 7 pm

40 minutes zoom session with a professional hair and make up artist all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to you to join



Prize Bingo on Zoom! \$1+

Wednesday 29th July 6 pm - 7.30 pm



IMPORTANT POINT!

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Prize bingo. Bingo cards will be delivered to your door. Prizes will be delivered to you the following week!



Week 6: **Week commencing 3rd August**

Arts & Crafts: P1 - P7

Decorate a trinket box plus 1 more activity

Box and arts and crafts provided.

IMPORTANT POINT!

All your arts and craft activities will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the activities



LIVE **Online Family Sports Day** All ages welcome Do it as part of a family or do it on your own!

A Virtual Sports Day.

Full instructions will be delivered out to families on Monday and Tuesday.

Send us your photos by Monday 10th August and we will be delivering some special prizes for everyone who takes part and sends us photos!

Make your own Truffles: P1 - P7

Ingredients, recipe and video link supplied and delivered to your home

IMPORTANT POINT!

All your baking and recipe items will be delivered to your home on Mondays and Tuesdays! You then have the rest of the week to do the activities



You must send your photo or video with a recipe for your lolly flavour via WhatsApp 07544 525047 to PYCP by Monday 3rd august. Prizes will be posted out.

3 POP UP Beach Tents Prize for for ages P1-P2 P3-P4 P5-P7

Zoom Online Fun: P1 - P7 **PLAY DAY FUN** Tuesday 4th August 2pm - 3pm

Adventure play worker Aga will be showing you how to make things from the comfort of your own home. With just a little imagination you could make a tent or hut in your lounge or garden.



IMPORTANT POINT!

You will receive an invitation to join the Zoom online fun session at the start of each week. Parents and Guardians are encouraged to join in



Girl's Group Make Up with Alice Tuesday 4th August: 6 pm - 7 pm

40 minutes zoom session with a professional hair and make up artist all from the comfort of your own home!



IMPORTANT POINT!

Sign up important or you wont get the link sent to you to join



Zoom Story time for P1 - P-LIVE 3.30 - 4.00 pm Thursday 6th August
Listen to a favourite story read to you
by one of the PYCP workers.

The same story will also be read in Polish by Aga.

Prize Quiz Night on Zoom! \$1+

Wednesday 5th August 6 pm - 7.30 pm



IMPORTANT POINT!

Sign up important or you wont get the link sent to you or the delivery of goodies to do the challenges

Prizes will be delivered to you the following week!