

The preventative Opportunities Programme (POP) is a 6 month project that gives young people and their families the opportunity to take part in activities they enjoy, whilst being supported with any issues affecting them.



We believe that in order to help young people make positive changes in their lives we need to support their families too.

The programme is split into two six month blocks:

1st block:

8-13 year olds Feb-July

2nd block:

Aug-Feb 14-18 year olds



The young person and their family will work closely with a support worker to put together a plan that is right for them. They will then take part in a flexible weekly programme that includes information sessions, workshops, fun activities and outings.

POP will also create opportunities for the family to link into other agencies and services that can help.



To get the best out of POP, it will involve commitment from the family to engage in what's on offer, but you will always have a say on what happens.



Getting on better with each other

Education/Employment support



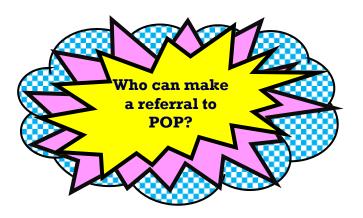
Spending quality time together

Support with housing

Getting the family active



Promoting positive behaviour



Referrals can be made by:-

- Young people and their families
- / Schools
- Social Work
- Other statutory and voluntary agencies
- √ PYCP staff

Referral Forms can be downloaded from our website:

www.pycp.co.uk/pop

Please note we will only accept referrals if families have agreed to the support.





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