

## Acknowledgements and Thanks

We would like to take this opportunity to say a huge thank you to all those people who have supported the project over the past year.

- \* The children and young people who attend PYCP.
- \* The parents and members of the local community who recognise us as a valuable resource/service.
- \* The Board of Directors for their commitment and support.
- \* The hard working and enthusiastic staff, sessional workers and volunteers.
- \* Jim Riddell for all his help with our accounts over the year.
- \* Our partners such as Spartans, CORE, Muirhouse Youth Development Group, Granton Youth Centre, The Junction, Healthy Respect, Broughton High School, Craigroyston Community High School, Forthview Primary School and City of Edinburgh Council Children & Families Dept.
- \* RS MacDonald, Robertson Trust, Volant Charitable Trust, Cash for Kids (Forth One), Stafford Trust, Cattenach Trust, Awards for All and Bank of Scotland for their financial support towards our targeted work.
- \* State Street for all their help printing reports and programmes.
- \* Hibernian FC for their donation of season tickets and the Hibernian Community Foundation.



### PYCP Team 2011 - 2012

Lesley Ross - Project Manager  
 Laura McLaren - Senior Development Worker  
 Mark Hunter - Youth & Children's Worker  
 Katie Grover - Youth & Children's Worker  
 Gena Wylie - Administration Manager  
 Adele Irvine - Youth & Children's Worker  
 Daniel Rutherford - Youth & Children's Worker  
 Brian Greatorex - Youth & Children's Worker  
 Debbie McMillan - Administrator

Sessional Staff: Sam Craig, Dale Hughson, Lindsay Alderdice, Catherine McMillan, Joanne Quinn, Caryn Lumsden, Neil McFarlane, Morna Baxter, Lauren Mitchell, Minister Cleaning: Janet Hannah

Student: Danielle Ward

Volunteers: Ryan Brown, Maria Stirling, Michael Aird, Beth Irvine, Claire Birchmore.

### Financial Report (Draft)

Income & Expenditure for year ending 31st March 2012

	Resources Expended
Governance costs	£7495
Charitable costs (before pension scheme past service gains)	£287566
<b>Total</b>	<b>£295061</b>

	Incoming Resources
Project Grants	£250069
Other Income	£54251
<b>Total</b>	<b>£304910</b>

### Board of Directors

Clare Halliday - Chairperson  
 Gladys Strang - Secretary  
 Karma Lennon - Acting Treasurer  
 Andrew Kerr  
 Nicola Jamieson  
 John Stuart  
 Lindsay Linton  
 Katie Millar



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## Foreward

Another year as chair of PYCP has flown by. The board has a good mix of long term and new members. The skill set among us is varied and I am confident the decision making is robust and proving beneficial for the organisation.

The staff and volunteer team has provided creative and high quality experiences for the young people and they have again astonished us with the wide resource of development opportunities and fun activities on offer during both term time and school holidays.

We have attracted funding from a variety of sources this past year and have built on the advantages for strategic long term planning with the service level agreement with City of Edinburgh council. I know our outcomes have met or exceeded expectations time and again. Finally, my thanks go to all of the staff, volunteers and funders.....we couldn't do it without you!

Clare Halliday - Chairperson



## Introduction

This report provides a snapshot of the huge variety of activities that growing numbers of children and young people have been involved in through their contact with Pilton Youth & Children's Project. I continue to be impressed by the wide range of available opportunities, the dedication and creativity of staff and volunteers and most of all the energy and enthusiasm of the children and young people. We are very proud of the work we do and love doing it.

This is very much reflected in the examples given in this report, all of which place children and young people at the heart of what we do.

Lesley Ross - Project Manager

## Open Provision

PYCP provides a range of services and activities ranging from open clubs and groups to community and school based individual support; with each provision being designed to meet the needs of particular age and peer groups. Activities are tailored to meet these needs in consultation with the children and young people involved. Our work falls into 4 broad categories:

- Open access youth work;
- Targeted and referred support work to children and young people in need;
- Promotion of good health and well being;
- Progression routes for young people ie. volunteering programme, employability support.

## Trips & Residentials

### Residentials

- Loch Tay (Young Volunteers)
- Glasgow Cultural City Visit (15+)
- Ratho (Young Volunteers)
- Hopscotch Holiday Ardvulan House (Nr Fort William)
- 2 x Innerwick Camps, Scottish Borders (Girl's Group and Supergroup)

### Trips

- Blair Drummond Safari Park - **Botanical Gardens**
- East Links Farm** - Butterfly Farm - **Museum**
- Storytelling Centre** - Almond Valley Country Park
- Snowboarding - **M&Ds** - Theatre Productions -
- Swimming - **Cycling** - Gullane Beach - **Lauriston Castle**

PYCP is rooted in the local community and is committed to enabling each young person to realise their unique potential and to take a positive role in society. PYCP's Mission Statement

## Placement Opportunities

Work Experience is an important part of a young person's education, providing them with the opportunity to try something new in a real working environment, and often helping them plan their future career. We supported 4 pupils from Craigoyston Community High School with work experience.

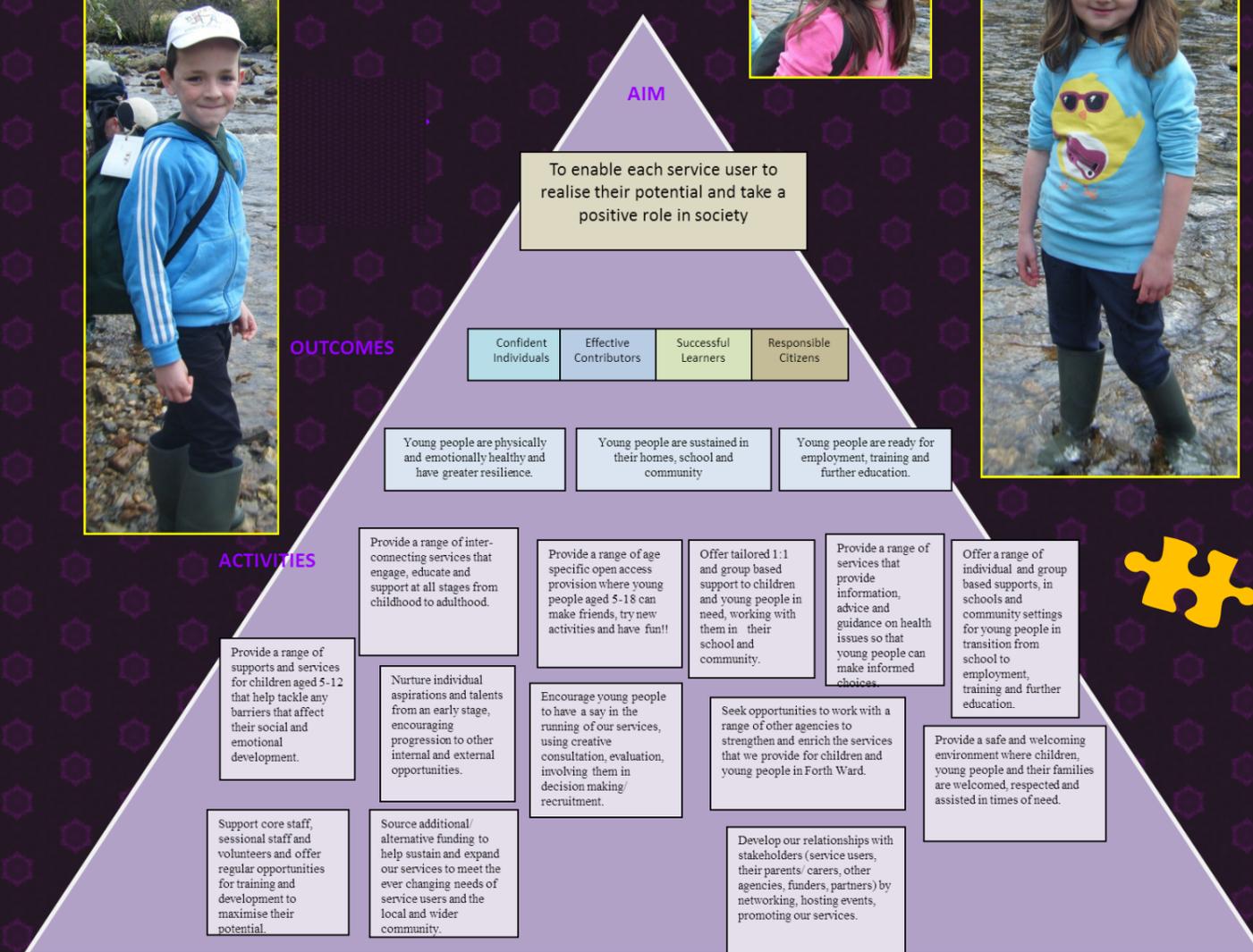
1 young person undertook a three month work experience placement at PYCP supported by Rathbone.

We continue to host students from Edinburgh University and Initi8 for varying times throughout the year. Disciplines include Community Education, Youth Work and Social Care.



## Partnership - Working together

A number of agencies have a role to play in a young person's life, and have a responsibility for partnership work that benefits from a joined up approach. We continue to support interventions at different levels, to create better outcomes for young people, their families and the local community. We feel by working together with our partners we continue to make 'big differences' in children and young people's lives. Different interventions are needed to create responsive, flexible and holistic services with and for children and young people. We are represented on a number of meetings, both locally and at city wide level.



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# PYCP CLUBS and GROUPS

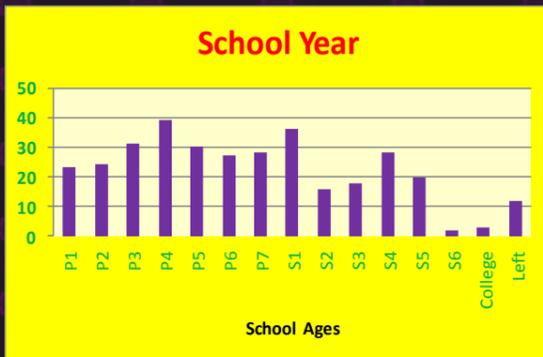
STREETBREAK DROP IN P7 + FOOTBALL LEVEL 2 - P4 + GIRLS GROUP S1 + JUNIOR CLUB P1 & P2 GROUP WORK FORTHMEW, PS, CRAIGROUSTON & BROUGHTON HS FOOTBALL LET 19 + PLAYGROUND SUPPORT FORTHMEW BASKETBALL P5 + WEDNESDAY DROP IN S1 + VOLUNTEER DROP IN CHILL OUT GROUP P3 & P4 SUPERGROUP S1 + STORY CLUB P1 & P2 STREETBREAK DROP S1 + PARENTS & COMMUNITY GROUP 15 + GROUP FOOTBALL LEVEL 1 P1 - P3

In the past year we have had 5442 service user episodes within our clubs and groups not including our group work programmes and 1:1 service!!!

Summer Holiday 2011 we had 32 clubs and outings with 603 children and young people attending and 5 residential.

Easter Holidays 2011 we had 15 clubs and outings with 303 children and young people attending.

October Break 2011 we had 11 clubs and outings with 112 children and young people attending



"It's nice to be away from my "nippy" brothers and sisters". P5 residential feedback

"I am very grateful for help and support received with everything". Former Member

"PYCP helped me with bullying as I was being bullied". P5-P7 member

"PYCP has helped me make positive change". Young volunteer

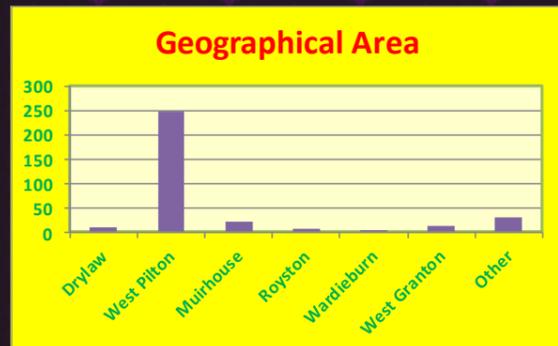


"There's nothing I'd like to change as PY is a great place". 15+ Group

"The staff at PY are cool, funny and sound". S1 pupil

"Every community should have a PY for the kids". Parent

"The most useful part of SHARE was learning where to get protection". S4 pupil



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## Encouraging Participation Supporting Individuals

Supporting Individuals through our 1:1 Service:

Through the 1:1 support service, PYCP help young people in difficulty explore choices so that they can reach a more positive outcome. In 2011-2012, we worked with 33 young people, with a range of needs and issues.

Some successes include;

1 young person at risk of exclusion from school successfully completed her final year and is about to graduate from her "Get Into Retail" course to which the School Worker is invited.

1 young person who had disengaged from their last months of school have now completed a rail track maintenance course, saying that the 1:1 support "helped him change his life".

A young person who was at risk of failing to engage back into education following a series of school exclusions is successfully managing the transition to alternative education.

A young person at risk of permanent exclusion from school is now attending a Fairbridge course, has become a "young volunteer" at PYCP and is about to begin a coaching programme with the SFA.

A young person on a very restricted timetable at school is now attending full time and achieving beyond that related to his "age and stage".

A young person at risk of permanent exclusion from school is now a "young volunteer at PYCP" and has just been awarded a social enterprise grant to run a cinema group in the community.



## Recognising Achievement

Over the last year we have worked with 25 young people as part of our volunteer programme, they have gained a wide range of opportunities. Training new skills, accreditation gives workers a way to celebrate and recognise young people's journeys and achievements. For some it is the first time they gain a certificate for others it's a way to build up their CV's and personal development experiences.

## Promoting Positive Choices

One of the aims of youth and children's work is to enable young people to discuss issues important to them and encourage them to make positive choices. Throughout the course of the year staff have been involved in working on a wide range of issues from healthy eating, sexual health awareness, bullying, anti-social behaviour, alcohol and drugs awareness sessions.



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## Volunteering - Positive Pathways

Young Volunteers- all the young people involved in the Positive Pathways volunteer programme at PYCP received training on a range of issues such as Introduction to Child Protection, Games and Activities, Confidentiality, Youth Work Values and Cultural Awareness, Programming and Planning etc. On completion of their training volunteers were given the opportunity to gain practical experience of working with children in groups and clubs at PYCP. Feedback from those who have been undergoing a volunteer placement is that it has been a valuable experience which has made them feel more confident in their abilities, given them something positive to put on their CV's and in job and college applications. Each participant has been given continuing support through one to one supervision meetings as well as regular opportunities to engage in peer support with other volunteers. They were also given the opportunity to take part in one of two organised team building / development residentials. Feedback from participants was very positive. Young people challenged themselves by attempting things they had never done before (rock climbing, abseiling, canoeing etc) and gained confidence in their ability to overcome those challenges.

- Several young people have approached workers from the Positive Pathways Project to be referees for them on job applications.
- 1 participant has used their experience gained through participation in the programme to secure a job as a Play worker with the YMCA.
- An 18 year old participant who has been attending PYCP since he was 5 said, "I've been at the club for ages so I thought I'd give something back".

## Staff Training

The staff and volunteers have access to training courses throughout the year. These have included:

- Food Hygiene - **Challenging Behaviour Training** - Arts & Craft Training
- Microsoft Access Specialist Course** - Drugs & Alcohol Awareness Training
- Child Protection Refresher Training - **Emotional Literacy** - Mountain Bike Leader
- First Aid - St Andrews Ambulance** - Art Therapy - **Suicide Alertness Training**
- Motivational Training Workshop - **Promoting Positive Mental Health & Wellbeing**
- North Edinburgh Alcohol Initiative Collaborative (NEAIC) Practice sessions.
- TEFL (Teaching English as a foreign language)**



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## Working with Schools

Working with schools not only enables youth workers to engage with young people in a different setting but also helps with attainment by providing emotional support and additional activities that help pupils remain engaged with their education.

PYCP work closely with particularly Broughton, Craigmoynton High Schools and Forthview Primary School. In 2011 - 2012 PYCP offered a range of activities with schools, including:

- 1:1 Support
- Playground Work
- Transition Support
- Sexual Health and Relationship Education
- Various group work programmes

Group work programmes are a key aspect of our work at schools as we believe that this provides a very effective way of supporting young people through interaction with other group members and staff.



Be Healthy 

- ⇒ We ran a number of healthy eating sessions in partnership with Pilton Health Project.
- ⇒ Sexual Health Outreach sessions in the local community for Stepping Stones, Spartans and MYDG.
- ⇒ A worker from PYCP supports the weekly sexual health drop in at Craigmoynton Health Centre in partnership with Healthy Respect.
- ⇒ We provide fresh fruit daily at all our clubs and groups and encourage healthy eating.
- ⇒ Young people participate in regular physical activity throughout our programme.
- ⇒ Sessions around cannabis use and its long term effects and other substance misuse related sessions.
- ⇒ Sexual health advice sessions in our senior clubs.
- ⇒ Smile Awareness sessions on keeping our teeth clean and the importance of brushing and visiting the dentist.
- ⇒ Delivery of SHARE (Sexual Health & Relationship Education) sessions within Craigmoynton Community High School for S2, S3 & S4 pupils.
- ⇒ Personal Hygiene activities within our clubs and groups.

## Stay Safe

- Road Safety Show took place at PYCP in partnership with Castlerock Edinvar and City of Edinburgh Council.
- Road Safety Sessions delivered in house.
- Firework Safety input from the local police and in house sessions.
- Input around Cyber Bullying and being safe when going online.
- Anti social behaviour - in house workshops around risk taking behaviours and consequences.
- Drugs and Alcohol Awareness sessions
- Sexual Health Awareness sessions.
- Safety in local open spaces (young people taking risks)

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