

ANNUAL REPORT 2008/09



Cover illustration designed by:
Brogan Murdoch, P7, Creative Club

Acknowledgements & Thanks
We would like to take this opportunity to say a huge thank you to all those people who have supported the Project over the past year.

- The children and young people who attend PYCP
- The parents and members of the local community who recognise us as a valuable resource/service.
- The Board of Directors for their commitment and support.
- The hard working and enthusiastic Staff, Sessional workers and Volunteers.
- FSF and City of Edinburgh Council for their financial support.
- Castlecock Edinvar for their continued support.
- Selax for donating Easter eggs to all PY's Under 12 children.
- Awards for All, 4 Acre Trust, Arts Development Fund, Community Grant Fund for their financial support towards our programme.



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Board of Directors
Clare Halliday (Chairperson), Gladys Strang (Minutes), Jim Riddell, (Treasurer), David Powrie, June Young, Lynnda Martin, Ken Campbell, Karen Woodcock, Derek Suttie (CLD Rep).

Students

Mark Paxton, Joanna Sznajder, Alex Glen-Bott, Ian Lucas, Gladys Strang, Helen Dewar, Esther Fraser, Sarah McGuire, Caryn Lumsden, Daniel Traylor

Volunteers

Caryn Lumsden, Morna Baxter, Anne-Marie Henderson, Daniel Ruthford, Daniel Traylor, Christine Ruthford.

Sessional Staff

Project Manager: **Lesley Ross**
Administration Manager: **Georgina Wylie**
Youth & Children's Worker: **Laura McLaren**
Youth & Children's Worker: **Mark Hunter**
Youth & Children's Worker: **Jo Quinn**
Youth & Children's Worker: **Melissa Dunn**
Youth & Children's Worker: **Brian Grotorex**
Employment & Training Worker: **Lorraine Traylor**
Employment & Training Worker: **Adele Irvine**
Employment & Training Worker: **Lisa O'Brien**
Administrator: **Debbie McMillan**
Caretaker: **Sinclair McDonald**

Chairperson's Report

Welcome to PYCP's Annual Report.

It has been well documented that 2008/09 has been extremely challenging financially for many projects throughout North Edinburgh, and unfortunately PYCP has not been an exception. There were months of uncertainty and then difficult decisions had to be made to sustain and develop our services whilst maintaining PYCP's high quality of the work. However, with new board members and the commitment of the staff team we are confident of our ability to provide services for the future, and we have the skills and willingness to adapt to the changes thrust upon us.

PYCP continues to develop local and city-wide relationships, and interesting and innovative activities for the local children, young people, and their families, and I would like to acknowledge the efforts of the young people and residents who participated in these projects and events. I hope this annual report will help give you an insight into the diverse range of services that are provided at PYCP, and will show our commitment to developing services that meet the needs of the local community now, and in the years to come.

Finally, I would like to personally thank the Staff team, Sessional Workers, Volunteers, and Board Members for all of their hard work and dedication to PYCP this year. There would be no PYCP without them and their continued support.

Clare Halliday, Chairperson

Income and Expenditure for year ending 31st March 2009

Incoming Resources

Project Grants: £358,841
Other Income: £5,840
Total: £364,681

Resources Expended

Governance Costs: £10,530
Charitable Costs: £284,706
Total: £295,236

Employment Event 2009

After the success of Opportunity Rocks in January 2008 we held another event in February this year. Employers, Colleges and local youth centres all came along to the event. Over 100 senior pupils from 3 local secondary schools attended. Every corner of our building was used for the event and on offer was support, training, job opportunities and career guidance for young people.

Community Referrals

This is a valuable service that we offer. Young people are referred to PYCP who are requiring additional support on a 1:1 basis. A worker is allocated and they offer help, guidance and support. We believe that everyone has the right to make some changes in their lives for the better. Referrals are varied and every young person has different needs.

SHARE

Sexual Health & Relationship Education. PYCP staff have facilitated sessions in Craigroyston High School, alongside teachers and school nurses delivering SHARE.

Additional services at PYCP

Residentials

We have run some fantastic residentials throughout the year which have allowed young people to experience outdoor challenging activities. This gives young people who attend the project the chance to have an experience they might never get. We went to The Stanley Nairn Centre in Dalguise where the young people enjoyed the adventures of canyoning! Also to Whithaugh Park in the Scottish Borders where the young people enjoyed Orienteering, Archery, High ropes and low ropes which was a brilliant team building exercise. The NE Young People's Forum went on a trip Liverpool and on a residential to Ratho. We had a residential in Glasgow with our young women who are involved in the Monday Girl's Group and The Creative Club.

Summer Programme 2008

Over 700 children and young people attended our jam-packed Summer Programme. East Links Family Farm was even more successful than 2007 and we intend going again every year. Activities and clubs were all popular and included treasure hunts, mountain biking, sailing, Laser Quest, Henna Art and M&D's.

North Edinburgh Young People's Forum

NEYPF forum now meets monthly and is part of an area-wide initiative to encourage young people to have a greater say in their community. PYCP have 2 representatives who have been actively involved in the Forum.

Transition Work

We offer support to local pupils in their transition from Primary to Secondary school. This takes many forms including 1:1 support, group work and having buddies help them make the move from one club to another.



JUST THE JOB

Just the Job is an ESF funded employability project between 3 local youth agencies and co-ordinated by North Edinburgh Trust. PYCP have 2 Employment Support Workers who offer 1:1 Support, Open Provision and Daily Drop ins where young people can learn practical living skills including: CV's, Job Searches, Advice, Information, Support regarding employment, Training and Education. PYCP are also working with Craigroyston Community High School where we run Employability classes which involve providing young people with career/job information, developing action plans and offering additional support at transition stages.

WEDNESDAY SUPER GROUP

This group is for students from Craigroyston High School who would benefit from participating in a small, nurturing youth club. The group enables supportive friendships to develop and help to build young people's confidence and social skills. Some older members of the group are now moving in to a "helping" role with some of the younger members. The club is a great place to get away from things that can be stressful in life and to play and have fun in a safe setting. We have also been on a Outdoor Residential this year to the Scottish Borders which was thoroughly enjoyed by all the group!



P5-7 SMASHING SENIORS

The Smashing Seniors club is open to any children from Greater Pilton who are in P5-7. This lively club has enjoyed a good year with lots of children coming every week and new children being welcomed regularly bringing the register of names to nearly 60. Club members are welcomed with some puzzles/pictures, healthy refreshments and chat before being shown the programme of planned activities for the night. The children are then allowed to sign up to the ones they would prefer. Everyone is encouraged to take part in a whole group game before people go on to their choice of activity which could range from hall sports, cooking, art and craft, table games or soft play.



WEDNESDAY DROP IN

This Club has been pretty busy this year with an average of 16 boys and 5 girls attending. More girls have started to come along more recently which is something we want to encourage. Football in the hall, as always is a very popular activity along with pool and table tennis. Another activity which young people have enjoyed on a weekly basis is cooking and baking. One of our volunteers has been great at developing these activities, under his guidance the young people have created a wide range of dishes and snacks. Arts & Crafts have also been popular along with the new Nintendo Wi games! We hope to further develop the programme over the coming months so that young people continue to have a say in what they do at their club.

GIRL'S GROUP

The "Girls Group" is an open club for girls in primary 7 to S2, every Monday evening from 6.00pm until 7.30pm. This is an opportunity for girls to try lots of fun activities, learn new skills and explore issues that are important to them, in a safe, single sex environment. It is really important to us that the group give us their ideas of activities they want to try and we regularly ask for their views so that we can make the club as enjoyable as possible.

CREATIVE CLUB

"Creative Club" is a closed group for young women from primary 7 upwards. The idea is that the group members work on individual areas such as building their self esteem, getting on positively with their peers, while working on creative projects such as visual art, dance, drama and so on. Last term we worked with an artist on an 8 week jewellery making and felt making course with funding from City of Edinburgh Council's Arts Development Fund. Referrals can be made by contacting Laura at PYCP.

TWILIGHT BASKETBALL

Twilight is a pilot project initially set up for 20 weeks it started in January 2009 and will run until June 2009. It has proved very popular we have on average 18 young people attending regularly each week on a Friday evening. It is funded through the Cashback for Communities Money from the police and run through Scottish Sports Future. It was set up with a real focus of steering young people away from anti social behaviour on a Friday evening in the local community channelling their energy into sport and healthy living. We work in partnership with the police, housing, ourselves and Scottish sports Futures. We aim to give young people the opportunity to develop their skills and hopefully get into a basketball team. This is a great piece of work and we look forward to the funding getting continued in the near future.

GROUP WORK WITH FORTHVIEW

This was a 20 week group work programme that worked with pupils from primaries 5 to 7 from Forthview Primary School. This was an opportunity for pupils to explore issues such as friendships, feelings and communication with the aim of building self esteem and more positive peer relationships. As well as having structured activities there was always an element of fun and we celebrated the end of the programme with a trip to Dynamic Earth.



P1-2 & P3-P4 CLUBS

With an average attendance of around 20 per club. The new staff team have been working well together and the young people are benefiting from a high staff ratio. This in turn means we are able to offer more activities each week. Arts & Crafts and cooking are very popular, as is soft play and hall games. One of the highlights this term was the day everyone got their faces painted, great fun was had by all. A big thank you is due to all the volunteers involved in this club.



Drop Ins

PYCP continue to work in partnership with Healthy Respect to provide workers in both the Craigroyston Drop In and Broughton High School Drop In. This service allows local young people to access services including c-card, advice on sexual health and relationships and information on other health related topics including drugs and alcohol.



FOOTBALL LEAGUE

Following on from the success of the Monday Night Super League in previous years, this year has seen the initiation of a new multi-agency, area-wide piece of work around football. A new night and venue for the Super league has been found. Sunday nights at Spartans Community Football Academy is now the place to be and the age of participation has been increased from the 16+ age group to include 12-15 year olds who now have their own league. PYCP's youth team won the inaugural competition. The use of Spartans fantastic all weather pitch and other facilities has been attracting in excess of 140 young people playing of a night and that is not counting the growing band of spectators.

TIER 2 WORK

This is a well established service, where individual or group based support is given to pupils at Broughton High School and Craigroyston Community High School. This may be for a variety of reasons such as behavioural difficulties, low self esteem or peer relationships. The key aim is to support pupils in making choices and changes so that school can be a more positive and enjoyable experience for them.