



## Who is the 1:1 Support Service for?

This service is for children and young people (aged 5 - 18 years) who live in Forth Ward.

Priority will be given to young people already known to PYCP, or who are pupils at Forthview Primary School, Craigroyston Community High School and Broughton High School.



## What sorts of issues can the 1:1 work help with?

The 1:1 work can help with a range of issues such as:

- ◆ Family difficulties
- ◆ Feeling confident
- ◆ Communication skills
- ◆ Making friends
- ◆ Getting on at school
- ◆ Dealing with angry feelings

It all depends of the young person's needs.



## What will the 1:1 work involve?

The support will be offered by a

PYCP 1:1 Support Worker . A support plan will be agreed between the young person and their worker, taking into account the information given by the person who made the referral.

The young person will then be offered a regular, confidential space to discuss anything that is important to them and explore solutions to any problems.



The support will take place one or two times a week, usually in school, or at PYCP. It is important that

the young person is offered choice in how the work is delivered. For example, going for a walk to talk, playing issue based games or using worksheets.



## How long will the support be for?

The support will be reviewed every 6 to 8 weeks and this is a chance for the young person to look at what

progress they have made and whether they feel that they need more help. It is hoped that they will be able to move on from 1:1 work after no more than 6 months, where they will be given help in accessing any other services that might be useful.



## How confidential is it?

PYCP has a Confidentiality Policy that is explained at

the first session. It is important that young people feel in control of what they share but there are times when we may have to pass on information to other professionals.

Any information that is used in this way will always be in the best interest of the young person and for their own safety.

Young people can access their PYCP file at any time, on request.



## Who can make a referral to the 1:1 Support Service?

Referrals to the service can be made by:-

- ◆ Schools
- ◆ Other agencies
- ◆ PYCP staff
- ◆ Young people and their families

We sometimes have to put referrals on a waiting list until we can allocate a worker, but we will stay in touch with the referrer to keep them updated. Occasionally we might recommend another service that we think could be better suited to the young person's needs.

PYCP offers a wide range of services for children and young people in Forth Ward.

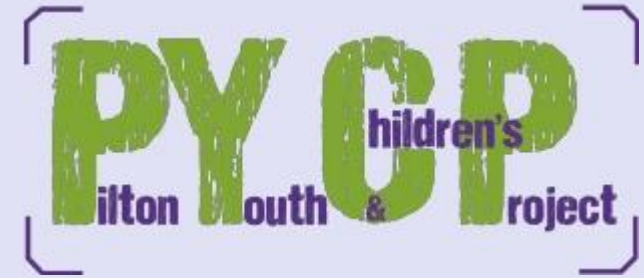
Please contact us for more information or for a referral form on: **0131 332 9815**

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## 1:1 Support Work

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