



**learning  
sharing  
growing**

*together*

**Annual report 2013**





PYCP is rooted in the local community and is committed to enabling each young person to realise their unique potential and to take a positive role in society...

# It's all about changing lives

**ENGAGING** young people in decisions about the services that are provided for them is vital to effective public service reform. The important role youth work plays in early intervention and prevention with young people who might otherwise require more intense and costly public sector interventions later on in life is key to its success.

At PYCP, some of our young volunteers and sessional youth workers came to the project when they were 5 years old. PYCP, alongside other supporting agencies, has been with them all the way through their childhood and they are now young leaders themselves. We know that investment now is making a real difference to outcomes and life chances of those young people who engage with our services. It's that investment now at an early age that can make savings later.

As another year comes around at PYCP I am, as always, so impressed with the creativity and commitment from our staff team, and my thanks go out to them. Our board has strengthened considerably over the last few years and the diversity of knowledge and skills around the table is an asset to the organisation. Between the board and the management team, I know we have plotted a clear and steady course through some testing times.

We have also attracted considerable funding from other sources which has enriched the opportunities available at PYCP for the many children and young people who come through our doors. We are now entering a new phase of change with council budgets and commissioning and we are ready for the challenge ahead, and I feel that as an organisation we are in a strong position to welcome these opportunities.

Finally, I would like to thank all of the children and young people involved with PYCP - they're amazing!

*Clare Halliday*  
Chair



*I changed my life; I was going down the wrong path*

*I get on better with my teachers now*

*PYCP has been a great help to Billy and all of our family*

*PYCP has really helped me like myself more*

*I want to be a youth worker now too*

## Contents

3 Open provision	6 Dale's story	9 Transition work	12 Financial report
4 Residentials	7 Annie's story	10 Partnerships	Staff training
5 Trips	8 One-to-one	11 Employability	Funding

## Open provision

We create a safe and welcoming environment with a fully trained and consistent staff team who build strong and trusting relationships with the young people who attend.

Children and young people are actively involved in the running of the centre and in the planning, preparation and evaluation of our activities. Our work is split into different age ranges and is accessible to all young people in the local area of North Edinburgh.

We have a balanced range of provision covering ages 5-18 years through 17 sessions a week. We cover both children's work and youth work on a daily basis reaching out to a number of young people in a variety of ways and settings.

Some of our sessions have included:

- ✓ Healthy cooking
- ✓ Arts activities
- ✓ Gardening work
- ✓ Issue-based work around alcohol awareness and sexual health and relationships
- ✓ Bullying awareness
- ✓ Intergenerational work
- ✓ Active Citizenship
- ✓ Sports Activities
- ✓ Literacy Awareness young readers
- ✓ Educating against racism

## Why we do it...



Provides a safe environment in which children and young people can participate in a wide range of positive activities



Supports children and young people to develop their personal and social skills and qualities in an open environment



Open access youth work gives opportunities for an early intervention and prevention role



Improves young people's physical and mental health and emotional well-being





# Residentials

Residentials are an opportunity for local children and young people to experience something different and positive in their lives.

A chance for 'respite' from normal everyday challenges. Many of them come from chaotic social and family environments and time away is really refreshing. Residentials can build confidence amongst young people, it is also an opportunity to develop a sense of team work, chance to explore outdoor environments and overcome fears. The power of positive role modelling seeing adults forming caring and responsible roles is really valuable to all participating.

Here are some of the places we went on residential breaks last year:

- ✓ **Hopscotch Holidays**  
Ardvulan House  
(near Fort William)
- ✓ **Liverpool**  
Girls Group  
(over 12s)
- ✓ **Ratho**  
Retreat  
(under 12s)
- ✓ **Loch Lomond**  
Youth Hostel  
(over 12s)

## Why we do it...



Sets new challenges and inspires more motivation



Fosters more positive relationships with peers and leaders



Outdoor environments and activities encourage physical well-being and positive togetherness



Health and wellbeing can be improved regular meals are eaten, better confidence and independence

"On the way to Hopscotch it was great going on a ferry - I've never been on a boat before"



# Trips

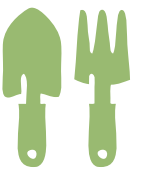
Throughout our weekly provision we offer children and young people the chance to go out on trips. Some are local to the project and some are further afield.

Within the term all the clubs and groups will have the opportunity to go out on a trip. We also run a number of trips through our regular holiday provision in October, Christmas, February, Easter and Summer. We make sure our trips are well supported with a staff team and volunteers that know the young people.

Here are some of exciting places we visited in 2012-13:

- ✓ Spartans FC in partnership with Citadel Football Activity
- ✓ Safari Park
- ✓ Royal Botanic Gardens
- ✓ Vogrie Park
- ✓ North Edinburgh Arts
- ✓ Gambados Soft Play
- ✓ Deep Sea World
- ✓ Lazer Quest
- ✓ Dynamic Earth
- ✓ Edinburgh Festival Fringe Shows
- ✓ Festival Theatre (Christmas show)
- ✓ Bowling
- ✓ Teddy Bear's Picnic
- ✓ Cinema
- ✓ Linear Park

## Why we do it...



Increases the engagement of children and young people in positive activities outwith PYCP



Encourages participation

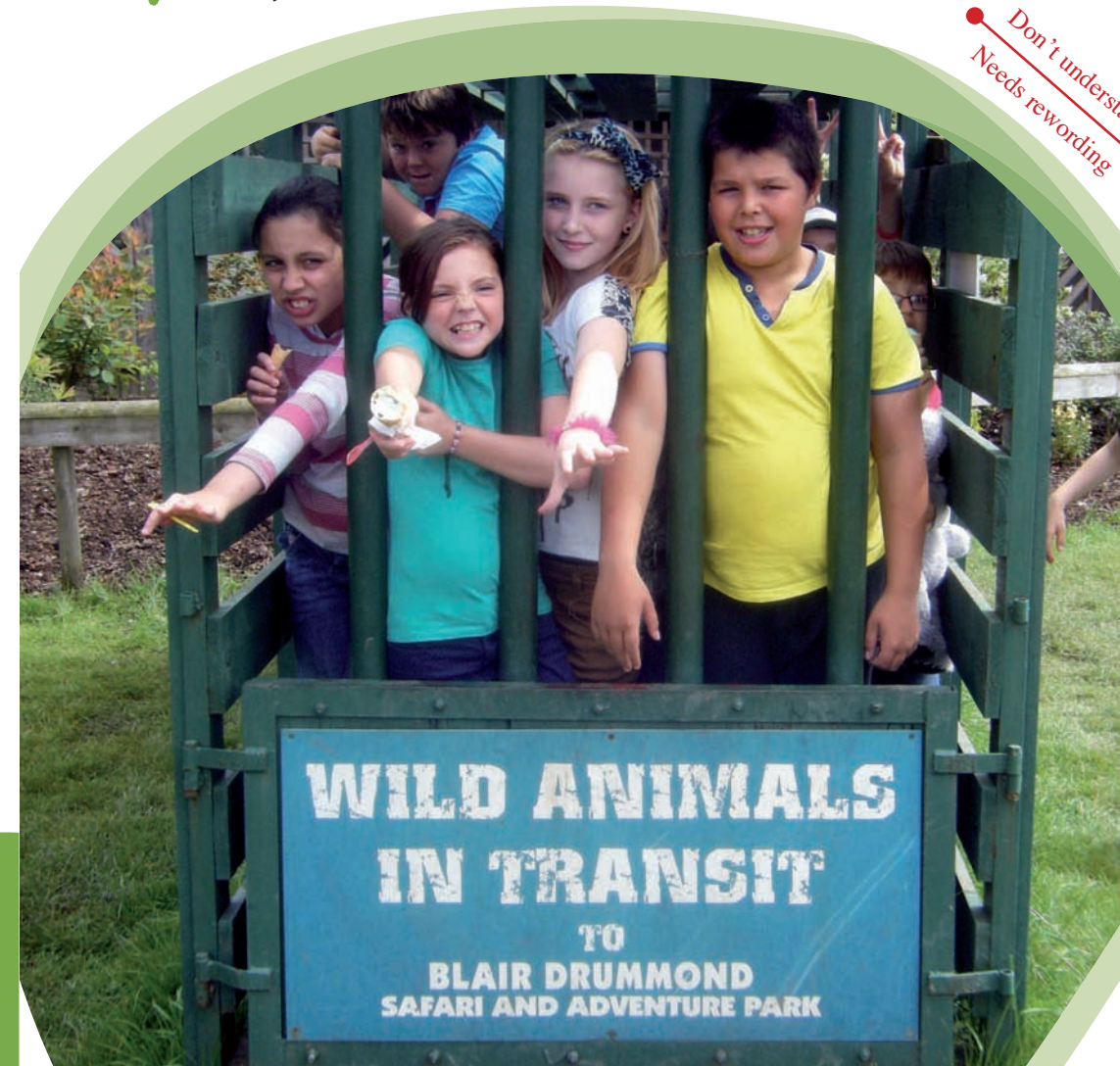


Accessing and Managing Risk (e.g followed risk assessment procedures)



Provide opportunities that young people might not normally get the chance to experience

Don't understand this...  
Needs rewording





Name: Dale Peterson

Age: 19



**When did you start coming to PYCP?**

When I was 5 years old.

**What did you enjoy about it?**

Having fun and the workers made you feel really welcome always good and friendly staff.

**How did it support you?**

It gave me something to do I made friends and mixing with all the children was good fun.

**Are you involved now?**

Yes although I am working now the staff have been great in helping me with references for jobs, applying for jobs and letting me use the PY computers and phones to try and get a job. We used to have a football let once a week for me and my mates we are hoping to start that back up again. I am keen to join the board at PY.

**Do you have any special memories of PYCP?**

Lots of residentials and fun trips away staff having a brilliant laugh with all the young people and always getting the chance to come in and use the building when we wanted to in the clubs and groups. Amazing times over the years.

**What would you have done without PYCP?**

I wouldn't have been as confident as I am now it's opened up opportunities and new experiences for me and giving me a different outlook on life. PY has been an influential part in my life and continues to be.

**Do you have a message for the staff at PYCP?**

Thanks for all the support and friendliness and opportunities over the past 14 years.



Me at PYCP  
age 6!

Name: Annie Thomson

Age: 32



**When did you start coming to PYCP?**

When I was 12 years old – at that time it was called the Pilton Youth Programme (PYP).

**What did you enjoy about it?**

Getting out of the house and doing things with my pals.

**How did it support you?**

It supported me a lot with things going on in my life and I ended up getting referred for 1:1 work and had a support worker that helped me.

**Are you involved now?**

Yes. The Parents group I get lots of support from the workers and they give me help and advice about my kids. It is a good chance to get out of the house and meet up with my friends locally.

**Do your kids attend PY?**

Yes I have 6 kids and they all attend and their ages range from 3-14 years.

**What would you have done without PYCP?**

I don't know what I would have done without the PY they have supported me so much over the years with many different things going on in my life.

**Do you have a message for the staff at PYCP?**

Thanks for all your help and support it still continues after all these years and now my kids are getting help from the PY. Thank you!



Me at PYCP  
age 14!



# 1:1 Support

We offer individual support to children and young people in Forth Ward, working with them in their school and/or community. This can cover a range of issues and is on a referred basis.

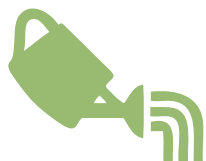
It involves using a range of strategies and activities to engage young people, giving them a safe space to work through issues with a trusted adult. This service is for children and young people aged 5 to 18. Priority will be given to young people already known to the project or who are pupils at Forthview Primary and Broughton and Craigroyston High Schools.



## Why we do it...



Helps young people with a wide range of issues depending on the young person's individual needs



Can increase a young person's sense of self worth, by having praise and encouragement from a supportive adult



Can reduce social isolation by supporting young people into local group activities and helping them develop social skills



Can lead to positive outcomes such as inclusion in school, better relationships and reaching positive destinations after school



*Our targeted programmes enable us to explore important issues with young people and their families in a more in depth way than we normally can through our open access programme. However, we use our open clubs to build relationships with young people and also identify what their needs might be. By working with other agencies, we share expertise and resources, ensuring the best possible supports are in place for young people.*

# Group work (including transition support)

*All the staff at PYCP - who we have been privileged to work with - make a positive contribution to the life of Forthview Primary School. The relationships you build within the centre and the school have a valuable effect on the children and their families...*

Headteacher  
Forthview Primary School

PYCP has many year's experience in delivering tailored group work programmes to young people of all ages, in school and in the community.

This allows young people to work together to explore common issues and reach positive outcomes. Our main group work programme in year 12/13 focused on transition.

Transition Support - PYCP has provided support to young people in the transition from primary to secondary school for many years. More recently, we extended the provision so that we are getting to know young people much earlier in this journey, so offering a group work programme of support for P7 pupils at Forthview Primary School from January onwards. This also extends over the school holidays and on-going support is provided into 1st year where required. The aim of the programme is to explore issues and develop skills that can help with the move to secondary school.



## Why we do it...



Helps young people feel less anxious about going to secondary school



Helps develop skills in areas such as making new friends, reducing the chance of isolation at secondary school



Helps develop understanding of where to go for help if any difficulties settling into secondary school arise



# Partnership working

By working together with our partners we continue to make big changes in children and young people's lives.

We have a responsibility for partnership work that benefits from a joined up approach. Youth and Children's work is a partnership with children and young people firstly, we place the needs of children and young people at the heart of what we do.

We will continue to work with our partners to deliver a high quality service at best value to meet the every changing needs of children and young people in North Edinburgh. Thanks to all those agencies/ partners that work with us in making this possible.

## Why we do it...

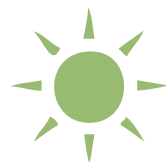
Our partnership work enables us to:



Bring different people, agencies and values together



Focus on shared challenges and opportunities



Look at things holistically



Look at things critically

## Our partners in 2012-13

Barnardo's  
Broughton High School  
Children and Families  
Citadel  
Community Learning and Development  
Craigroyston Community High School  
Early Intervention  
Edinburgh (Telford) College  
Forth Voluntary Forum  
Forthview Primary School  
Granton Youth Centre  
The Haven Project  
Healthy Respect  
HOTS  
Joined up for Jobs  
The Junction  
LAYC Lothian Association of Youth Clubs  
Lothian & Borders Police (now Police Scotland)  
Muirhouse Youth Development Group  
My Adventure  
North Edinburgh Arts  
North Edinburgh Timebank  
Pilton Community Health Project  
Pilton Education Project (PEP)  
Pilton Retreat (Ratho)  
SACRO  
Services for Communities  
Social Works  
Tenants Association (TRIP)  
Tomorrow's People  
Total Craigroyston

# Employability

An Activity Hub Drop-in runs one day per week at PYCP so that young people aged 15+ can be supported to access further education, employment and training.

This is a partnership project with CLD (Activity Agreements), CLD (Youth Literacies) and Skills Development Scotland (SDS). The drop in has worked well with regular support and attendance from all agencies involved.

## Why we do it...



Young people have been supported to reach positive destinations or encouraged to develop a plan of how they wish to work towards their goal



The local drop-in has proved popular for the young people as they are familiar with PYCP and this has saved time accompanying them to the city centre to attend SDS meetings, thus reducing the risk of non-attendance



Young people met with work coaches from SDS who created Individual Learning Plans and made referrals to Get Ready for Work providers



Multi agency representation and support at the drop-in has been key to the success



*It's a great environment to combine the topic of employability within a fun and energetic atmosphere that has encouraged young people to engage well with employability services*

Community Learning and Development (CLD) Employability

# Financial report

## Income & Expenditure for year ending 31st March 2013

### Resources Expended

Governance Costs £8,602

Charitable Costs £276,065  
(before pension scheme past service gains)

---

Total £284,667

---

### Incoming Resources

Project Grants £250,659

Other Income £68,959

---

Total £319,753

---

# Staff training

- ✓ Welfare reform
- ✓ SHARE
- ✓ GIRFEC
- ✓ Rock climbing
- ✓ First aid
- ✓ Food hygiene
- ✓ Child protection
- ✓ Boys and young men's self-esteem
- ✓ Alcohol Brief Interventions (ABIs)
- ✓ PX2 familiarisation session
- ✓ Steps to Excellence
- ✓ MIDAS
- ✓ Alcohol awareness
- ✓ Cannabis awareness
- ✓ Safe talk (sexual health)
- ✓ North Edinburgh Alcohol Initiative Collaboration (NEAIC) good practice sessions

# Fundraising by staff and community

Sainsburys, Craigleith

Forthview Primary School

Cash for Kids (Forth One)

Wigbank

Community Games Night

Quiz Night

Danceathon

Car boot sale

Fred Whitton

Cycle Challenge Sponsor

Sing-along

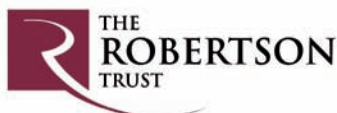
Bounce-athon

# Our principal funders

✱ BANK OF SCOTLAND

CASTLE ROCK EDINVAR  
HOUSING ASSOCIATION

• EDINBURGH •  
THE CITY OF EDINBURGH COUNCIL



A massive THANK YOU to everyone that has put so much into making PYCP such a brilliant success this year

[www.pycp.co.uk](http://www.pycp.co.uk)