



# OPEN ACCESS YOUTH WORK



PROMOTION OF HEALTH & WELLBEING



## Annual Report Pilton Youth & Children's Project 2009/2010

TARGETED & REFERRED SUPPORT WORK



# EMPLOYABILITY SUPPORT



## Chairperson's Report ~ Clare Halliday

As ever this is my opportunity to let everyone know from the Chairs' perspective about the goings on at PYCP this year. I would firstly like to thank the staff, board and volunteers who have all worked so hard and focused on providing the very best for local children and young people. The breadth and diversity of the groups, clubs, school work, residentials and one to one sessions continues to grow and develop strategically to national and local agendas, whilst remaining flexible enough to act responsively to the needs and aspirations of the community. The commitment of all those involved shines through clearly as the children and young people grow and develop.

I would also like to thank all of the funders who have supported us in the last year. This report will highlight a small selection of the projects and activities which would not have happened without their support. As PYCP enters the new funding arena of competitive contracts and service level agreements our commitment to quality services with value for money will continue to influence our work.

Lastly, and very importantly, thank you to all of the children and young people who have participated with PYCP in the last year. They are the reason the project exists and will continue to be at the heart of what we do and achieve.

## Mission Statement

PYCP is rooted in the local community and is committed to enabling each young person to realise their unique potential and to take a positive role in society.



## P1 & 2 "Story Club" and P3 & 4 "Chill Out" Groups

PYCP offers open provision for children in primaries 1&2 but we recognised that some children would benefit from a smaller, more focussed group. We set up "Story Club" where children enjoyed a different story book every week and then participated in activities related to this, such as art or a quiz. This also helped develop communication skills and team work. Similarly, we developed a group for children in primaries 3&4 where they came along to try structured activities such as art projects. Again, this proved to be very popular and staff worked hard to encourage team work and sharing.



## Junior Clubs



Our junior clubs were a really popular part of our programme. We had two sessions after school on a Friday; one for children in primaries 1&2 then another for children in primaries 3&4. This was an opportunity for children to participate in activities such as arts and crafts and sports and there were always group games. Children enjoyed healthy snacks such as vegetables and dips and fruit kebabs as well as being given the opportunity to try lots of exciting, healthy recipes.



## Minted Club P5—P7's

This was an open club for young people in primaries 5-7 where they came along after school and participated in a range of fun activities. Young people had the option of "signing up" to do hall games, cooking, arts and crafts and lots of other creative games and projects. We tried activities such as racket games, a basketball challenge, badminton, making World Cup flags, painting plant pots and planting, papier mache, making South African Flag Cake, pizza making, the list goes on!! Some young people from the club also participated in the Active Club Festival with the British Heart Foundation, where a group from PYCP, called the "Pilton Panthers" came 2nd place in this sports challenge !!



## Wednesday Drop In

This is a lively, inclusive club which is always well attended. Last term saw over 50 young people visit the drop in at once!! Popular activities included football, pool, Wii Dance, Singstar, cooking (best when a few did the cooking and fed the rest!), art and crafts – and just being with pals.

Occasionally visitors came along to give out information, encourage young people to try new activities, hear new ideas, etc.

Staff enjoyed spending time with young people and there was generally a positive, respectful atmosphere where young people just enjoyed being at 'the PY'





## Girl's Group

The Girls Group is open to girls in S1 to S5, Monday evenings between 6-7.30pm. All girls have the opportunity to learn new skills, have new experiences and explore issues which affect young women.

Our current girls group have enjoyed sessions in PYCP doing activities such as cooking, arts and crafts, group games, quizzes and lots more. They also had trips away to other youth groups, scary ghost walks and the cinema.

The most recent event for girls from North Edinburgh was held at PYCP. We had over 35 girls attend this event and the activities on offer were amazing!! The girls had the chance to ride the fabulous bucking bronco and challenge other girls to a dance mat competition. Professional hairdressers and beauty therapists styled their hair and nails and after dipping into the chocolate fountain they were able to go for a relaxing head massage!!



## Greenhouse Café

After successfully securing funding through "Community Food and Health Initiative", PYCP have offered regular Saturday café's to the local community. This was staffed by local volunteers, including a group of young volunteers. This helped develop skills that will enhance employability, as well as raising confidence. The volunteers were also offered accredited training, such as Elementary Food Hygiene. The café was such a successful project that we are committed to continuing this now that the original funding has ended.



## Football at PYCP

Football has always been a very popular activity at PYCP and as a response to this, we increased our football based provision last year so that we had something to suit all ages and abilities. On a Tuesday, we had football for children in P1-4, provided by Spartans Community Football Academy. We also provided Level 1 and Level 2 football sessions for young people in primaries 5+ where they decided what level they wanted to begin at and had the option of progressing. We also had a football based drop in for young people in S3+ that also offered the option of employability support. On Sunday evenings, we were

part of the Forth Quarter League and the Sunday Night Super League in partnership with Spartans and other youth agencies. These particular activities were for young people aged 12+.

As well as promoting the physical benefits of football, we placed a lot of importance on sportsmanship. We encouraged young people to work as a team and show respect for others, awarding points to players who showed this. We also offered football on a Friday evening as part of the "Street Break" project.



## Basketball

Basketball on a Thursday was a joint project between Community Organisation for Racial Equality (CORE) and PYCP where young people aged 10 -18 trained and played together – and took time out to discuss important issues such as racism, disability, drugs in sport, children's rights, etc.

The young people's basketball skills improved to the extent that competitive games are being arranged, and their personal and social skills have also developed.



## Friday Night Futsal—Street Break Project

Our football on a Friday evening is part of the “Street Break” project, where diversionary activities are offered at weekends, alongside Muirhouse Youth Development Group. This is part of a wider initiative with Granton Youth Centre and the Junction Project known as “North Edinburgh Young Drinker’s Collaborative”. These activities were funded by Edinburgh Alcohol and Drug Partnership. The idea is that by offering football and other activities on a Friday evening, this may divert young people away from drinking alcohol and other risk taking behaviour. This also

offered us a platform for workers to give advice and information to young people about alcohol use and other issues. The sessions were inspired by the Brazilian-Portuguese concept of “Joga Bonito” or “Play Beautiful”, where the aim of football is sportsmanship and not just winning the match. We have also started to provide additional diversionary activities on Saturdays.



## Employment Football Group

The Employment Football Group on a Thursday was a very successful, very active group where young people came for a (non-stop) game of football, using the excellent facilities that PYCP has to offer.

At the same time, they were encouraged to work with the Employment Worker who offered support to get them into employment, further education or training.



## Just the Job & School Based Employability Work...

“Just the Job” was the employment project funded by European Social Fund and worked jointly by Granton Youth Centre, Muirhouse Youth Development Group and Pilton Youth and Children’s Project. The project supported over 150 young people into employment, further education and training.

Although this funding has now ended, PYCP will continue to support any young person who attends the project, attends the local secondary schools or lives in the local area into employment, education or training. We do this by offering 1:1 appointments, engaging with young people when they come to the football drop in, and arranging employability events with training and employment providers. We will continue our employability group work in schools; we ran very successful programmes for leavers of Broughton High (with GYC) and continued our long established programme with Craigroyston High School.



## Work with Forthview Primary School

We have developed a number of new initiatives in partnership with Forthview Primary School. Working with the school is really important to us since so many pupils come to PYCP after school and we wanted to complement this with other services. We offered playground support two lunchtimes a week where our worker Katie worked alongside playground assistants leading games and talking to children. This was really popular and helped build relationships with more children and also school staff. We also provided two terms of group work to pupils in primaries

4 & 5 where a structured programme was offered in school time. This explored themes such as communication skills, friendships, understanding feelings and children who would benefit most from this were chosen by school. This led to some really positive outcomes, such as new friendships forming. We also hope that the children will continue to come to other activities at PYCP and we look forward to welcoming a new group after summer.

We also worked closely with Tracey

Berry, Family Worker at Forthview in offering arts and crafts sessions to all pupils in primaries 1,2, 3. We asked if any parents would also like to come and help and we had some really fun (and tiring) sessions!! This was also a way for PYCP to get to know new families and promote our Parents Group.



## Work with Broughton & Craigroyston High Schools

### **Breakfast Club at Craigroyston High School –**

This was in partnership with Muirhouse Youth Development Group, where a healthy breakfast was offered to pupils at the high school. Workers were available to talk to pupils and offered support to pupils with any important issues. The aim was to help young people feel more prepared for their school day. PYCP was particularly involved in supporting more vulnerable pupils in getting to the breakfast club. This was a really popular service, with high numbers of young people attending.

We also developed a transition programme for the Craigroyston High School primary school cluster, in collaboration with Muirhouse Youth Development Group and Haven Project (Circle Scotland). This involved

visits to all P7 classes in this cluster regarding school transition and offered the opportunity to meet other agencies as well as provide group work for more vulnerable pupils and residential experiences. It is hoped that a similar programme can be offered to the Broughton High School primary cluster next year.

### **Group work with S1 and S2 pupils at Broughton High School -**

PYCP developed two sessions a week of group work, tailored to suit the needs of the pupils involved. Guidance staff were asked to sign post any pupils who they felt would benefit from the programme, with an emphasis on team work, communication skills, relationships with peers and so on. The sessions were co-delivered by teachers and the programme received positive feedback from

both pupils and teaching staff. This piece of work complemented our 1:1 support service, where cross referrals were made if additional support was needed.

### **Wednesday “Super” Group with pupils from Craigroyston High School –**

This is a well established group based at PYCP for pupils at Craigroyston High School who would benefit from a small, nurturing youth group. This is a fun, supportive group where young people can build friendships and talk to workers about any issues affecting them. This has been an exciting year for the Super Group, with some members becoming volunteers at PYCP and others becoming young journalists for the North Edinburgh News. This continues to be a popular activity and we have had several new members join in the last year.

## 1:1 Support



PYCP continued to offer a range of 1:1 support to children and young people living in Forth Ward. The support helped with a range of issues such as family difficulties, feeling confident, communication skills, making friends, getting on at school, dealing with angry feelings and

so on. The main aim of the support was to help young people have a positive experience of school and remain with their families, in their community. We worked closely with Broughton and Craigroyston High Schools, but also took referrals from a range of other sources, such as social work, health professionals and young people and their families. We also used this service to offer support to children and young people that already come to

our open clubs and groups and who might be feeling isolated or finding it difficult to cope. All of our youth and children's workers can offer this support and we now have a dedicated 1:1 worker. We have supported 21 young people in the last year, with a range of issues. Some of these young people have progressed to become young volunteers at PYCP and now work with other young people.



## Healthy Respect Drop In @ Craigroyston High School C-Card Point @ Broughton High School, SHARE



PYCP continued to work in partnership with Healthy Respect at Craigroyston Health Clinic. The service allowed local young people to access services including c: card contraception service, chlamydia testing, pregnancy testing, advice on sexual health and relationships, alcohol and drugs information and various other health related topics. This service continues every Friday between 1-3pm.

The service is free and completely confidential.

PYCP and Granton Youth Centre also worked in partnership to provide a c: card service to pupils at Broughton High School. The service allowed pupils to access services including c: card, advice on sexual health and relationships, alcohol and drugs information and advice and support on various issues. The drop-in continues on

Monday and Friday lunchtimes in the CLD corridor. The service is free and confidential. PYCP also delivered a range of Sexual Health and Relationship Education (SHARE) sessions at Craigroyston High School in the last year and we have been asked to offer similar input in the new school year. We also have plans to offer sessions in Broughton High School.

## Parent's Group

PYCP's core funding does not enable direct work with parents, but we felt that it would be really beneficial to find a way to do this. We managed to secure three years of funding from RS MacDonald Charitable Trust with which to develop various activities. We now have a weekly parents group, where we have tried activities such as jewellery making, glass painting, a cycle trip and a trip to the Botanics

Gardens. We also hope to introduce more "issue based" sessions that may be helpful for parents and carers. A key aim for next term is to develop parent support to complement that offered to children and young people who receive 1:1 support. We hope that by building relationships with more parents, that some may consider volunteering in clubs and groups or becoming a Board member.



## Events and Achievements

In year April 09-April 10, PYCP offered a total of 28 different activities a week, from open provision to work in schools and outreach work in the community. A really exciting development was our work with parents, made possible by additional funding from RS MacDonald Charitable Trust

This last year has seen developments in partnership working, with our involvement in the EADP funded Edinburgh Young Drinker's Collaborative, our various activities with Forthview Primary School, our continued work with CORE, our employability work with GYC and MYDG as well as joint residencies with MYDG. A major development was the creation of Forth Youth Services Consortium, where PYCP,

MYDG, GYC and Community Learning and Development have entered into a partnership agreement with the aim of greater collaborative working and sharing of resources.

We extended our work in schools, with playground support and group work at Forthview, a revamped 1:1 support service, a transition programme and group work at Broughton High.

Our summer programme in 2009 was really successful, with 718 children and young people attending and 57 different events. This included residencies and had a well attended family trip to East Links Farm. The focus of our programme in the October 2009 school holidays was a "hip hop" themed festival where 160 young people par-

ticipated in DJ and song writing workshops, as well as trying graffiti art and trips to Transgression Park to do skate boarding and BMX biking.

Our team of young volunteers also grew significantly, with young people getting involved in the Saturday Café and under 12's football. Two young people also became roving reporters for the North Edinburgh News, covering in particular Hibs matches after we were able to secure press passes. PYCP were also able to offer several families the opportunity to attend Hibs matches having been given season tickets.

## Acknowledgements and Thanks

We would like to take this opportunity to say a huge thank you to all those people who have supported the Project over the past year

- The children and young people who attend PYCP
- The parents and members of the local community who recognise us as a valuable resource/service
- The Board of Directors for their commitment and support
- The hard working and enthusiastic Staff, Sessional workers and volunteers
- Our partners & collaborators such as : Community Organisation of Racial Equality, Spartans, Muirhouse Youth Development Group, Granton Youth Centre, Healthy Respect, Broughton High School, Craigroyston High School, Forthview Primary School, Community Learning Development.
- FSF and City of Edinburgh for their financial support
- Castle Rock Edinvar for their continued support towards our Summer Programme
- Selex for their willingness to answer requests for help
- RS MacDonald and Volant for their financial support towards a post
- Silverhill, Children's Holiday Fund, Daisy Trust and Anton Jurgens for their support towards residential
- State Street for their financial support towards employability. Their donations of selection boxes and Easter eggs and their help with the printing of programmes and reports
- Hibernian F.C. for their donation of season tickets.

## Financial Report

### Resources Expended:

Governance Costs	£14,337.00
Charitable Costs	£301,007.00
<b>TOTAL:</b>	<b><u>£315,344.00</u></b>

### ***Income & Expenditure***

*For year ending ~*

*31st March 2010*

### Incoming Resources:

Project Grants:	£307,104.00
Other Income:	£22617.00
<b>TOTAL</b>	<b><u>£329,721.00</u></b>

A copy of full, audited accounts are available on request.

# The PYCP Team

**Project Manager:** Lesley Ross

**Administration Manager:** Georgena Wylie

**Senior Development Worker:** Laura McLaren

**Youth & Children's Worker:** Mark Hunter

**Youth & Children's Worker:** Brian Greateorex

**Youth & Children's Worker:** Katie Grover

**Youth & Children's Worker:** Daniel Rutherford

**Employment & Training Worker:** Loraine Traylor

**Employment & Training Worker:** Adele Irvine

**Administrator:** Debbie McMillan

**Caretaker:** Sinclair MacDonald

**Minster Cleaning:** Jack Vanderster & Janet Hannah

### **Sessional Staff**

Caryn Lumsden, Morna Baxter, Anne-Marie Henderson, Alistair MacDermid, Ashlie MacDermid, Dale Hughson, Jordan Irvine, Peter Airlie, Joanna Sznajder.

### **Volunteers**

Mark Paxton, Alex Glen-Bott, Joyce Sharp, Johnny Wells, Catherine Thompson, Maria Stirling, Jamie McCallum, Ricky Brines, Madeline Drewell.

### **Students**

Tracey Gilchrist, Sam Craig

### **Board of Directors**

Clare Halliday (Chairperson), Gladys Strang (Secretary), Jim Riddell (Treasurer), David Powrie, Ken Campbell

## **Pilton Youth & Children's Project**

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